

FREE

HEATONS POST

INFORMING, INSPIRING AND CONNECTING THE HEATONS & REDDISH



HEATONS CLIMATE ACTION FESTIVAL

SEE PAGE 8

HEART OF THE HEATONS

HEART OF THE HEATONS FESTIVAL

SEE PAGE 10



BBC MS ORCHESTRA

SEE PAGE 15

A NEW ERA FOR HEATON MOOR MARKET

For the past ten years, Heaton Moor Market has become a regular community 'destination' on the first Sunday of each month. Beginning with a handful of stalls on the Kushoom Koly car park in 2009, the market soon outgrew this space and expanded onto the top end of Shaw Road to accommodate over 40 local traders.

The last few months have presented some new challenges to the market and have resulted in changes having to be made.

Market owner, Heather Thorpe, explains, "As for all businesses,

Covid-19 has caused some adjustments and the market was no different. We had to consider how to keep people safe but still retain the enjoyment of the market as much as we possibly could.

"At the same time, the Kushoom Koly was sold and the use of the car park ended as work began on refurbishment of the interior. So, at the exact moment we needed more space to accommodate social distancing, our 'footprint' was reduced."

Continued on page 4...



THE 4 HEATONS HALLOWEEN TOWN

Over Halloween weekend, the haunted houses of The 4 Heaton's are going spookier than ever with window and garden displays with a Halloween or Movie theme.

Following on from the success of The 4 Heaton's Zoo, Amy Vose and her team of volunteers have pulled together to create their second trail of the year, this time to raise money for The Savoy Cinema.

The future of The Savoy Cinema is more dependent than ever on the support of the local community. The Coronavirus crisis has resulted in the cinema being closed for over six months and is now faced with

reopening with a greatly reduced capacity due to social distancing measures.

This much loved and wonderful amenity brings joy to The Heaton's

and is a cultural and social hub that is irreplaceable. We fought to save it once before in 2015 and we must do so again.

Continued on page 2...



HEATONS POST CALENDAR AVAILABLE FROM DECEMBER

To preorder email news@heatonspost.co.uk
Read more on page 6.

INDEPENDENT FAMILY RUN
GEORGE BALL & SON
EST 1870
FUNERAL DIRECTORS

Independent family run funeral directors for 5 generations, celebrating 150 years of helping the Heaton's community at their time of greatest need.

39 Derby Range, Heaton Moor, SK4 4AB

www.georgeball.co.uk Tel: 0161 432 2131



See page 15 for the article about George Ball & Son

COMMUNITY NEWS

DYT:KC RAINBOW CHOIR RAISE OVER £600 FOR MIND

by Liz Taylor



2020 has become the year where life has been put on hold and as a society, people's mental health has been challenged beyond anything we've had to face before.

For community choirs like Do Your Thing (DYT), the greatest challenge was knowing that the joy of singing together in a rehearsal or performance had been postponed indefinitely. This certainly affected the mental health of choir members of all ages, for many of whom, the choir was the highlight of their week.

Technology like Zoom has saved the social side of choirs but can't regrettably replicate the joy of singing together as each member needs to be muted when singing as a group.

So with rehearsals and performances being cancelled, theatres being shut and singing being restricted to the confines of homes, choir members felt this greatly.

However, not everything was cancelled!

Hope and friendship was not cancelled! Creativity was not cancelled, but channelled into ways of making this virtual choir experience work.

Liz Taylor, Managing Director of DYT explains, "During lockdown, parents of members of our children's choir took on the roles of sound engineers and directors as they recorded their children on their smartphones. Everyone embraced the challenge knowing how important the video was for their child's self esteem and for the charity we were collecting for - MIND."

To date, the heart warming video has raised an impressive £610. To donate go to:

JustGiving:
<https://justgiving.com/fundraising/childrensrainbowchoirYouTube>

CITIZEN AWARD WINNER!



Andrew Gwynne, MP for Denton and Reddish, has presented a Citizen's Award to Michelle Stokes, Community Champion at Morrison's Reddish, for her work during the pandemic.

The award recognises the work she has done to ensure that elderly people in Reddish and the surrounding areas received emergency food packs.

Michelle has also delivered food packs to food banks and local care homes, and she did a charity walk on 19 September for young cancer patients with Morrison's colleagues.

Gwynne presented the award to Michelle on 15 September outside Morrison's, alongside local Reddish



South Councillors Janet Mobbs and Yvonne Guariento.

Andrew Gwynne said: "It was a real pleasure to present a Citizen's Award to Michelle for all her fantastic work during the pandemic.

"The lockdown was a particularly difficult time for those who were shielding and unable to leave their home and, through her hard work, Michelle made things a bit easier for many local people in a time of real need.

"I also wish Michelle and all her Morrison's colleagues all the best of luck for their charity walk this month for an incredibly worthy cause."

HALLOWEEN TOWN



Continued from front page...

A crowdfunding campaign has been set up for donations to secure the cinema's future and, alongside the Halloween Town Trail, there will be two competitions with prizes donated by The Savoy.

Find out more about the Trail at:
www.4heatonstrail.org.uk/

To donate to help secure The Savoy's future, see:
www.justgiving.com/crowdfunding/savoy-cinema

COMPETITION 1:

Best Pumpkin

- 1 - Carve a pumpkin from 23 - 31 October 2020
- 2 - Hand it in to The Savoy Cinema
- 3 - Receive a free pick 'n' mix as a thank you
- 4 - Be entered in to a prize draw to win a free annual family membership to The Savoy
- 5 - *Best Pumpkin* receives a free annual family membership to The Savoy

Movie themed or Halloween themed pumpkins welcome!

COMPETITION 2:

Best House Design

- 1 - Decorate your house in either a Halloween or Movie theme ready for the weekend of 30 October - 1 November 2020
- 2 - Take an amazing picture and post it on our event by or on 30 October:
www.facebook.com/events/308918260531197
- 3 - Be entered in to a prize draw to win a free annual family membership to The Savoy
- 4 - *Best House Design* receives a screening for their friends and family at The Savoy

Halloween themed, movie themed, or halloween movie themed house designs welcome!

GREEN SPACE SAVED

After a planning application was submitted for a 20 metre 5G mobile phone mast on an area of green space on Heaton Road/Parsonage Road, local residents came together in an attempt to save the area.

The group wrote and posted leaflets to residents on streets local to the green space who quickly pulled together to write letters and emails to councillors, the local MP and the planning officer. Due to the pandemic and the restrictions in place, the action was coordinated using social media and phone messaging.

In the end, over 200 comments were submitted to the planning portal in relation to this application and the group recently heard that the application has been rejected.

The residents group are now planning to work with the council to make better use of the green space and benefit the local residents.

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POST

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Coronavirus helpline for vulnerable people

0161 217 6046

Monday - Friday from 9am to 5pm
Saturdays from 10am to 4pm
Bank holidays from 10am to 4pm



STOCKPORT
NORTH REDDISH BOROUGH COUNCIL

COVID-19
CORONAVIRUS

SAMARITANS

116 123
This number is FREE to call

TALK TO US

If things are getting to you

STUCK INSIDE AND NEED HELP?

There is now a special Coronavirus/ COVID19 helpline for our North Reddish neighbours, specifically for:

Anyone who is self-isolating and has no-one nearby to help

Anyone who is too unwell to get out and has no-one nearby to help

PLEASE BE A GOOD NEIGHBOUR AND ONLY USE THIS NUMBER IF YOU REALLY NEED IT.

Call 0161 443 1903

Leave your name, phone number and street name. One of our brilliant local volunteers will call you back just as soon as they can to see what you need. If we can't help, we'll find someone who can.

This service is endorsed by your North Reddish councillors and St Elisabeth's Rev Angie Stanton. All our volunteers will carry an ID pass confirming they are trustworthy.

NEVER ALONE

NSPCC 0800 800 5000 (24hrs)

Mind 0300 123 3393 (Mon-Fri 9-6)

Cruse Bereavement 0800 808 1677 (Mon-Fri 9-5)

Action on Elder Abuse 0808 808 8141 (Mon-Fri 9-5)

Samaritans 116 123 (24hrs free)

National Domestic Abuse Helpline 0808 2000 247 (24hrs free)

Victim Support 0808 168 9111 (24hrs)

ChildLine 0800 1111 (24hrs)

Respect - Men's Advice Line 0808 801 0327 (Mon-Fri 9-5 or 8pm)

National Centre for Domestic Violence 0207 186 8270

LETTER FROM THE EDITORS

As the mornings become cooler and autumn sets in, it feels quite strange to look back over a summer without the usual events that bring the local community together and celebrate all the Heatons and Reddish have to offer.

Local events have very much been missed but we are now beginning to see their return, albeit on a virtual basis.

Last month saw the very first Heatons Climate Action Festival which was held virtually over two weekends and brought together numerous speakers covering a wide range of environmental and sustainability issues.

October sees the return of the annual Heart of the Heatons Festival running a programme of arts, cultural and music events in a virtual capacity aimed to inspire and connect.

There are also a couple of outdoor trails to look forward to which can be completed in your own time and allow for safe social distancing.

Read about each of these events in this month's issue alongside all your regular community news.

We hope you enjoy the October issue of Heatons Post and look forward to receiving your news and stories over the coming months.

As always, take care and stay safe.

The Heatons Post Team.

Heatons Post would particularly like to thank the following for their generous support: Nelstrop's Millers, Heaton Hops, Blue Door Flowers, Love Heaton Norris, Heaton Mersey Collective, Sustainable Living in the Heatons, Nettl, Heatons Markets, Savoy Cinema, Claritas Wealth Management, I Knead Pizza, Stockport Homes, Heatons Heritage Society, Stockport Area Fund, and private donors.

MP's UPDATE

by Navendu Mishra, MP for Stockport

I was delighted to take part in the recent Heatons Climate Action Festival. Despite the ongoing global pandemic it's easy to forget that the climate emergency is the biggest threat facing humanity, so thank you to all those who organised and volunteered for this important fixture in our community calendar.

Air quality is also vital to our health and wellbeing, so it was concerning to see the results of local modelling, which revealed that 21 locations across Stockport will have nitrogen oxide levels above the legal limit in 2021. I challenged the Environment Minister in Parliament about this and asked whether the Government would commit to legally binding targets on nitrogen dioxide and particulate matter in its upcoming Environment Bill.

I've been continuing to put pressure on the Government over its plans to end the furlough scheme on 31 October. With businesses and workers reliant on the scheme to enable them to climb out of the recession that the Covid pandemic has plunged them into, cutting off support so suddenly would be catastrophic. Indeed, the Bank of England has predicted that a further one million more people will be unemployed by Christmas, with the potential headline unemployment rising to more than 2.5 million. It also estimates that ending the furlough scheme before businesses have recovered from the first wave will lead



• Navendu Mishra, MP for Stockport

to a total of 4.5 million unemployed; to put that into context that's worse than the Great Depression of the 1930s. In my constituency alone that would put 6,000 jobs at risk, which would be devastating for everyone that lives and works in Stockport and cannot be allowed to happen.

As ever, please don't hesitate to contact me directly if you require any support or advice:
navendu.mishra.mp@parliament.uk

Thank you.

MEET THE TEAM



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Heatons Post Team



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Thank you

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The Heatons Post makes every effort to report the truth and consider ourselves an impartial publication. The views of contributors remain their own. If you spot any mistakes please email us on:
news@heatonspost.co.uk

HOULDSWORTH HISTORY

by Andrew Gwynne, MP for Denton and Reddish

Our everyday lives often revolve around places named after people and places that we know nothing about. Many of our roads, parks and other important community places are named after historical figures or long-forgotten politicians. If you dig into these names, though, you find lots of fascinating stories about our shared heritage.

One name that is very prominent in Reddish is Houldsworth. There is, of course, the famous Houldsworth Mill and Houldsworth Square right in the heart of the town and right in the middle of that square is the Houldsworth Clock, which is celebrating its centenary this year.

The Houldsworth in question was Sir William Houldsworth, an MP (although I'm certainly not expecting a Gwynne Square anytime soon!) and industrialist. In the 1860s, the Houldsworth family built the mill in Reddish – at the time the largest cotton mill in the world – and soon after, Sir William built Houldsworth Model Village for his workers to live in. Much of the model village has now gone, although some houses still remain including – appropriately enough – on Houldsworth Street.



• Andrew Gwynne, MP, Denton & Reddish

Houldsworth eventually left Reddish to look after his country estate in Ayrshire in Scotland, where he died in 1917. His legacy lives on though – three years later, in September 1920, the people of Reddish unveiled the Houldsworth Clock.

History is, of course, more than just the story of great men and women and their achievements, and there's so much more to the history of Reddish than Sir William Houldsworth. The thousands who worked in the cotton spinning and engineering industries of Reddish, and the hatting industry of Stockport are the real bedrock of our community's story, but I'd encourage you all to look into the names of streets and other public places to see what stories they have to tell.

NESTLED IN THE NORTH

by Kevin Bradford



Nestled in North Reddish Park, the North Reddish Community Centre is usually open seven days a week for a variety of activities for all ages, from Art & Craft to Yoga (almost A-Z). The centre is owned by Stockport Council and managed by a small committee of volunteers.

So how has the Covid Lockdown affected activities at the centre? Secretary Bev Sellen explained: "Since the centre was built in 1994 we have only ever closed once per year over Christmas and New Year. We didn't even close while the roof was being replaced in February this year. The roof work had just finished when the Covid Lockdown started and we had to close to all our groups at the end of March.

"This has been a very difficult time, especially for older people having to isolate. Unfortunately being unable to open the centre has added to this

isolation for many people. However, we've been working behind the scenes to make some changes at the centre so that when we are able to open, we will be ready for 'Life after Lockdown'.

"We're installing hand sanitising stations and groups will need to adapt their cleaning routines before and after their sessions in order to keep everyone at the centre safe.

"When we are able to reopen, some groups will want to start up again straight away and some will want to wait a little longer. Each group will need to assess the risk to their members and we respect that."

Bev added they hope to reopen soon and all those associated with the centre are looking forward to life after lockdown. Any news and a list of activities will be posted on their website: www.nrcc.btck.co.uk/

A NEW ERA FOR HEATON MOOR MARKET

THE HEATONS
Markets
INDEPENDENT
TRADERS & ARTISTS



Continued from front page...

The market was put on hold during the period of lockdown, but returned in July with Covid measures in place.

"Our first re-opened market was done in trepidation, but I am delighted to say everyone who came was extremely positive and adhered to all our 'rules' - it was very reassuring and gave us the confidence for our subsequent markets.

"We now have a one-way system in place, every person entering the market must sanitize their hands, and we recommend masks but this is only a guideline as we are outside and we limit numbers so that a flow can be maintained and everyone can social distance as much as possible. The number of traders was reduced so that they weren't as crammed in as they were before."

Last month, after a long wait, Heather received news that will make a significant difference to the future of the market.

Heather tells us, "Permission has been granted from the Council to extend the market further down Shaw Road and I must acknowledge the help and support of Cllr David Sedgwick on this issue.

"From October, the market will no longer use the Kushoom Koly carpark at all, but will extend beyond Derby Range, down towards Heaton's Tandoori, and the numbers of Traders will increase."

As part of the road closure extension, measures have had to be put in place that local residents will need to be aware of.



Heather explains, "For those residents living at the top of Shaw Road, nothing will change, but for those living a little farther down, above the shops, there will be a loss of parking bays for the duration of the market.

"For Derby Range and Portland Grove residents, access will become two-way for the day - residents will not be able to access their homes from Shaw Road but can come in and out from Portland Grove, giving them full access.

"I would just like to give a little shout out to our local residents - myself and the market traders really appreciate how accommodating local residents are each month as we arrive crashing around with gazebos and probably talking far too loudly early on a Sunday morning, occasionally trapping a car for the duration of the market when it has been left inadvertently in a parking bay."

"For our customers, the changes are all good - more traders, more choices, more tempting things to buy!"

Heather and the market team are looking forward to the changes and the new opportunities the increased space will provide.

Heather says, "The market has a waiting list of traders wanting to be involved - we will proceed cautiously but we are planning to become even better than before!"

Should you wish to find out more about Heaton Moor Market or the extended road closure, please contact: heatonmoormarkets@gmail.com



LIGHT UP HEATON CHAPEL

by Deborah Biasutti

To bring the spirit of Christmas to Heaton Chapel this year, the Love Heaton Chapel group is raising funds for a Christmas tree and lights on the corner of School Lane and Abney Road.

It's been a tough year for everyone due to the pandemic, so we want to make this year's Christmas extra special for Heaton Chapel residents. We are calling on local residents and businesses to donate any amount they can.

Breakdown of costs:

- 18ft tree: £607.29 (supply and installation)
- Electricity socket: £375.11 (supply and installation)
- Lights: £1609.88 (remove old Christmas lights, purchase new ones and installation)
- Total cost: £2592.28

We would need to make the order by mid-October, so we have around four weeks to raise the funds - any donations would be much appreciated and any additional funds will be used in the community funding greenspace projects across Heaton Chapel, including flower bed maintenance and bulb planting.

Donations can be made through our Crowdfunding page:

www.crowdfunder.co.uk/lhcchristmas or email: loveheatonchapel@gmail.com to donate by bank transfer, cash or cheque.



BEE THE DIFFERENCE

by Sarah Booth

'Bee the Difference' is an art project created by local Artist Sarah Booth-Smith. The artwork was commissioned by Heaton Norris Community Centre (HNCC) and funded by Stockport Safer Partnership Board and has been produced in response to Hate Crime.

HNCC is actively passionate about addressing such issues with their weekly youth group US GIRLS. Some members may have experienced or witnessed some level of hate crime, as well as hate crime being broadcast daily in the news and social media with seemingly little positive outcomes.

The aim was to provide a safe place where members could express their experiences and share their views, as well as to support them while raising awareness and understanding of the importance of our perspectives and the potential outcomes of our words and actions.

The girls were inspired by the #BeKind movement. This in turn not only became evident in their attitudes within the group and local community, but the message of the artwork.

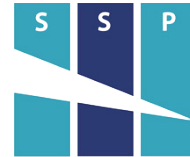
Artist Sarah Booth-Smith was invited to create a piece of art that would convey the girls' ideas. The artwork is true to her individual style



and technique, using mostly cut out coloured card to create a collage of bee identities. Each bee represents a positive flip of hate crime. Bee Kind, Bee Strong, Bee Hope, Bee Community, Bee Equality and Bee A Voice. The background features some positive news stories from the Heaton's Post over the lockdown period.

As soon as the local lockdown restrictions in Stockport are lifted, the work will be exhibited at Heaton Norris Community Centre, with a number of additional exhibition locations to be confirmed in due course. The project will be available for viewing until January 2021. Through its journey around the Heaton's, its purpose is to spread the word of good news and positivity.

Follow the artist on Instagram @misssmigglesartagram (arts for little hearts) and @mattersofmemory



OUR YOUTH DID WELL IN LANCASHIRE HILL!

by Mabel Regis

Heaton Norris Community Centre and Make a Difference Community Group have successfully secured funding from Big Lottery, Sector 3 Stockport and WEA European Social funds to develop detached youth work in Lancashire Hill and Heaton Norris.

Over the past eight weeks, we have engaged with 28 children and young people about their experiences, getting feedback, responses and opinions on what they wanted to do to make the area they live in a better place for children and young people to grow up in.

In the past eight weeks the young people and our detached youth workers, Mello & Krish, have achieved the following:

- Written a letter to the local MP detailing improvements for the MUGGER - MP has responded with a supportive letter.
- Received certificates in recognition and appreciation of their engagement
- 12 gift bags containing sport and art activities have been received



by young people to show reward and recognition

- Young people attended a trip to a local Stockport restaurant
- Meetings have been arranged to obtain access to the Learner Lounge and Community Centre
- Six families have been signposted to specialist services
- Funding has been secured for a small garden project on the Hill
- Five young people registered for the "Kicks Project" with City in the Community and attended consistently for six weeks
- Meetings are taking place with relevant agencies to ensure

resources are being developed for Lancashire Hill Heaton Norris

Coming up over the next few months for the young people of Lancashire & Heaton Norris:

- Workshops on career and educational opportunities
- Trips out to museums and theatre/ music performances
- Sports activities
- Workshops on anti bullying, hate crime, gender bias, knife crime
- Sustainable gardening projects
- Regular clean up of the area
- Regular participation panel meets up



This provision has been secured until March 2021 and is available to any young person aged 11-17yrs old - if you would like to find out more about this project then please get in touch with Project Manager Nadia Ali: 07857928833 or email: makeadifferenceegm@gmail.com



THE STORY OF THE VAUXHALL BASEMENT FIRE

by Jez Myers

As the bulldozers start to close in on parts of the Vauxhall Industrial Estate on Greg Street in Reddish, I'm whisked away by a vivid reminder of the second greatest story to hit Reddish in recent times.*

On 30 October 2012, due to a fault with a gas heater, a fire broke out in a basement unit on the estate. When the fire crew arrived to deal with the matter, they struggled to gain entry due to the fire escape being locked. However, upon finally accessing the property, and having extinguished the fire, the crew were surprised to find themselves standing within what could only be described as a sex dungeon.

Unbeknownst to, well, pretty much everyone, Lorraine White aka 'Princess Lucina' had been operating as a dominatrix from within for the previous four years. Ms White was later prosecuted by the fire service, pleaded guilty and was fined. However, when the matter did go to court, the press found much amusement in this story. This was exaggerated

further upon Ms White's application for retrospective planning permission to allow it to become a place of 'photography and mild fetish play'. The application received no letters of complaint and five in support.

Of course, the red top press descended — never ones to miss a story of such magnitude — and began a campaign of door knocking, interviewing, and looking for quotes from the NIMBY contingent. Alas, I feel they may have been left disappointed. "I personally don't care as long as everyone is consenting", said one. "If it's legal and the landlord is ok with it then that's their business", added another. "I wouldn't have known it was there (but for press coverage), as long as it stays that way I'm not bothered," said a third, presumably with a shrug.

That sums up the Reddish spirit. We're not perfect here. Far from it. We're all struggling. We're all battling to keep our heads above water. We're all trying to make a living. More importantly though, we all stick together. At a



time when it would have been so easy for the community to say 'that's disgraceful' or 'that's disgusting', they just shrugged and said 'it's discreet, they're just trying to earn a living'.

In the wake of the demolition of the Vauxhall Industrial Estate, the future for Ms White's business appears unclear. We asked for a comment as to her plans however, at the time of writing, we did not receive a response. However, it's good to know that if the business does relocate outside of Reddish then at least it's not because

we ran Ms White out of town. Let's hope Reddish continues to be a welcoming environment for businesses, whatever they trade in.



Jez Myers is co-founder of Reddish News (www.facebook.com/Reddishnews) and can often be found rummaging through the discounted fresh section in Morrisons.

*The greatest story might be rolled out for a Christmas special if the editors allow it!

ON THE HUNT FOR GINGERBREAD HOUSES

by Amanda Fourie, The 4 Heatons Traders Association

For the past two years, the 4 Heatons Traders Association (4HTA) has run a number of seasonal trails around Heatons shopping areas as a fun, and much welcomed, community activity.

Past trails have included Snowmen of all kinds at Christmas, decorated Eggs at Easter and Pumpkin creations at Halloween.

Heatons businesses get creative (and competitive) by making a window display according to the seasonal theme. Children then follow the trail sheet to see each display, voting for their favourite once completed.

The theme for the Christmas trail this year is gingerbread houses! Participating businesses will create a decorated gingerbread house - whether edible or made from a box or other material - which will be on display in their shop window for the duration of the trail.

The dates for the Christmas trail this year are Sunday, 6 December to Thursday, 24 December.

Trail sheets will be available for download from the 4HTA website from Tuesday, 1 December.

Participation in the Christmas trail is open to all Heatons shops and we



encourage collaboration with non-shop businesses to help with gingerbread house creations. Confirmation of participation is required by 31 October to ensure inclusion on the trail sheet and Christmas trail page of the 4HTA website.

Unfortunately, due to Covid-19, shops will be unable to give out treats as they have in the past, but we hope the local community will enjoy taking part in the trail and seeing all the gingerbread house displays.

To confirm business participation, please email:

admin@fourheatons.co.uk

To download a trail sheet and view participating businesses, please see: www.fourheatons.co.uk

SECTOR 3 FUNDING FOR HEATONS POST

Heatons Post is thrilled to have been awarded funding by Sector 3.

Sector 3 works to bring together Stockport's Voluntary, Community, Faith and Social Enterprise sectors by creating a culture that celebrates, connects and informs.

Heatons Post was among 41 successful organisations who applied



for funding through Sector 3's 'Keep Stockport Caring' campaign.

The Heatons Post team would like to express their thanks to Sector 3 for their support and to congratulate all of the successful applicants.

NOTHING STOPS A MACMILLAN COFFEE MORNING

by Sally Stelfox

For many years, one of our members, Barbara, has held a coffee morning in September to raise funds for Macmillan. An inconvenience such as the Covid pandemic wasn't going to stop Barbara from doing the same this year.

With their own coffee and cake, socially distanced groups made up



THE HEATONS WI



of WI members and Barbara's friends met in Heaton Moor Park for a chat and a chance to donate to the charity. Although the usual raffles, book and cake sales could not be held, to date, £535 has been raised.

HEATONS POST 2021 CALENDAR

Heatons Post is planning a local calendar for 2021 and is seeking your input!

We are looking for photographs of the Heatons and Reddish throughout the seasons to be used as the featured image for each month. Any images used will be fully credited to the photographer on the calendar.

The calendar will be on sale to the

public from Tuesday, 1 December with all proceeds from sales going directly toward the running costs of Heatons Post, helping to keep your local, not-for-profit community newspaper in print and local news reaching as many local residents as possible.

Have an image you would like to submit? Please send your photograph by Sunday, 25 October to: news@heatonspost.co.uk

LIFESTYLE & GARDENING

ON THE FLIP SIDE...

In our regular feature, two women - a local mum and her teenage daughter - discuss the issues hitting the headlines from each of their differing perspectives.

Over to our local mum and daughter for their thoughts...

As colleges reopen, what will this mean for students?

Mum

What effect do you think the return to education in college will have on young people?

Daughter

I feel that at least now there is a more structured approach to our education. We know we will be in college one week and learning remotely the next. Students can feel a part of something again, we have really missed out socially and educationally.

Mum

Education is a basic human right, and to socialise in person is such an important part of young people's development. Students have sacrificed a lot recently. It is awful to hear of them being blamed for the spread of Covid-19. Do you think returning to college will increase the risk of covid spreading further in society?

Daughter

The college has put lots of measures in place; one-way systems, sanitising before going into and out of classrooms, wearing a face covering on the bus.

Mum

I feel reassured the hygiene measures are in place on campus, but it is a bit worrying to hear about older people



travelling on buses without wearing masks. Students rely on public transport and it should be a safe way for them to travel.

Daughter

It is hard when we have free periods, we used to be able to stay in college and go to the canteen or shared areas. Now we can only stay in the library where there are limited places or go off-site. .

Mum

I think that is unfair, the colleges should make provision for safe socially distanced space on site throughout the day.

Daughter

Yeah, it means that most young people will be hanging around Stockport and in public places like McDonalds in between lessons, which is riskier for everyone. I hope that in the event of another spike, the government shut down colleges only as a last resort and close pubs first instead.

If you have an idea for a topic you would like to see discussed from two different perspectives in On The Flip Side, please email us: news@heatonspost.co.uk

THIS IS YOUR NEWSPAPER!

Be involved!

Got a story? Want to write for us? Want to list an event? Need to connect with volunteers?

Email us at: news@heatonspost.co.uk



Help fund us!

We're a not-for-profit community newspaper that relies on donations to stay in print.

To donate, scan the QR code or visit: www.heatonspost.co.uk

Family Histories

Ever wondered about your family history and interested in discovering more about your ancestors?



Discover your family tree with Family Historian Mary James and receive your very own tree document.



Email: heatonspostfamilyhistory@gmail.com

JUBILANT JUBILEE SPACE

In May 2016, the Love Heaton Norris Group (LHN) cleared a small area behind the Jubilee Pub and ASDA/ Farm Foods on Belmont Way in Heaton Norris.

We were able to purchase great climbing plants thanks to B&Q and with funds from The Rotary and Forever Manchester. The LHN Group have kept an eye on the area each year as it doesn't seem to have been adopted by residents, and after getting together recently for a day of hard work, we got it back to the tidy state!



WHAT'S ON	TIME & DATE	LOCATION	MORE INFO
Heart of the Heatons	Friday, 02 Oct - Monday, 12 Oct	Online Event	www.heartoftheheatons.com
Heaton Moor Producers Market	Sunday, 04 Oct, 10:30 - 14:30	Shaw Road, Heaton Moor	www.heatonmoormarket.com
SK Film Awards Ceremony	Monday, 12 Oct	Online Event	www.skfilmawards.co.uk
The 4 Heatons Halloween Town	Friday, 30 Oct - Sunday, 01 Nov	Homes & Gardens across The Heatons	See: The 4 Heatons Halloween Town on Facebook Events
Heaton Moor Producers Market	Sunday, 01 Nov, 10:30 - 14:30	Shaw Road, Heaton Moor	www.heatonmoormarket.com
Heaton Mersey Artisan Market	Saturday, 14 Nov, 11:00 - 15:00	St John's Road, Heaton Mersey	www.heatonmoormarket.com
Christmas at Dunham Massey	From 20 Nov	National Trust Dunham Massey	www.nationaltrust.org.uk/dunham-massey/
Lichtopia Festival	From 20 Nov	Heaton Park, Manchester	www.lichtopiafestival.com/
Heaton Moor Producers Market	Sunday, 06 Dec, 10:30 - 14:30	Shaw Road, Heaton Moor	www.heatonmoormarket.com
Heatons Christmas Trail	Sunday, 06 Dec - Thursday, 24 Dec	Shops throughout the Heatons	www.fourheatons.co.uk

CREATING A LEGACY FOR CHANGE

by Kevin Bradford

Environmentalists from The Heatons are hoping an inspiring online event will leave a “legacy” for future generations.

Organisers of The Heatons Climate Action Festival called on communities to support behavioural change to help tackle the growing challenges around sustainability now, and into the future.

Co-director of Sustainable Living in the Heatons (SLH), Mel Godfrey, said he hopes the debates and the topics covered during the event can have a long-term impact. “We started with a purpose to attract attention from people who wouldn’t necessarily be interested in sustainability and climate change as a set of political or ecological issues,” he added.

“I think we’ve quite quickly got to be quite sophisticated in our ability to get a message across, but from a community angle.

“The legacy from this is that people, I think, will be using this material for some time to come.

“What we’ve realised is we’ll be pushing this out to community groups and to other organisations.”

The youth element was an underlying theme throughout the festival, with an agenda to help young people better

understand the issues in a very practical way.

“At the end of the day it’s about the next generation,” Mel said. “If we mess this up for the next generation then they’re going to be in a right state.”

With Coronavirus restrictions in place, the event was moved to online, and hosted via a series of engaging webinar presentations. More than 20 volunteers worked tirelessly on the content, social media and videos during the festival, with support from Heatons-based community engagement facilitators, Fountain May.

Speakers across the two weekends included Mayor of Greater Manchester, Andy Burnham, Stockport MP Navendu Mishra, and 20’s Plenty for Us founder Rod King, and organisers believe the profile of the guests helped increase the reach of the messages.

SLH co-director Diana Scotcher said: “We really wanted to have political support at all levels, because that’s important.

“We want to not just get people to do small things, like recycling plastic or cycling more – we want to say ‘come on, pull out your finger, get on with it politicians – you need to do more than you’re doing now’.

“There’s a lot happening locally, thinking about climate

change, and what we might do in The Heatons and more widely in Stockport as well.

“I think we can lead by example. I think there is a role for that and talking about what we’re doing.”

Some of the recommendations from the programme have been put forward to Mayor Burnham, in the hope they can be fed into the COP21 process in Glasgow next year.

Mel said: “Over the process of the festival we’ve included some influential people around Greater Manchester, and they have promised effectively not just to put it into the Greater Manchester arena, but to say this will become part of a package of things we will put onto government to go into the COP21 process.

“Andy Burnham said very clearly he wants this to be something that is led as far as possible by young people and their desires for change.

“It’s getting everybody aware that change is possible, it is happening, but it’s just not happening fast enough.”

Fountain
May

Event Production managed by Fountain May.
Get in touch for help to produce your online event: melandsuze@fountainmay.com



HEATON
NORRIS
COMMUNITY
CENTRE

VIEW ALL THE EVENT VIDEOS AT
[www.slheatons.org/heatons-climate-action-festival/
youtube-recordings/](http://www.slheatons.org/heatons-climate-action-festival/youtube-recordings/)

BURNHAM GRILLED

by Kevin Bradford



Andy Burnham,
Mayor for Greater
Manchester

Young climate campaigners from The Heatons have been praised after grilling a northern leader on his green agenda.

Greater Manchester Mayor Andy Burnham faced three teen activists in front of Heatons Youth Climate Commission, part of the Heatons Climate Action Festival.

And Mayor Burnham welcomed the “fantastic questions”, adding: “All power to your elbow and keep the protest going – change is coming as a result of it.

“I absolutely believe your generation is going to correct the mess that my generation of politicians has made of everything.

“I have great faith in your generation in so many ways, in terms of the way you see the world.”

His comments came at the end of a webinar session where he covered his ambitions for the region, including public transport, active travel, and green spaces.

And discussing the measures towards a green recovery post-Covid-19, Mayor Burnham said: “I do think in 100 years time, and The Heatons Sustainable Living Festival is taking place in 2120, I personally believe that people at that point will look back at the pandemic as the moment when there was major acceleration towards a zero carbon society.”



WALKING
IN THE
HEATONS

ALL SAINTS’
COMMUNITY
GARDEN



PLASTIC
SHED



ELECTRIC
CAR



ECO -
HOME



THE
GOOD
LIFE



HERE’S SOME OF WHAT YOU MISSED FROM THE HEATONS CLIMATE ACTION FESTIVAL 2020. CHECK OUT ALL THE EVENT VIDEOS AT WWW.SLHEATONS.ORG/HEATONS-CLIMATE-ACTION-FESTIVAL/YOUTUBE-RECORDINGS/

Heaton Norris Community Centre:
The Heaton Norris Community Centre is the central place for people in the area to get involved in positive activities helped by Nadia Ali, Youth and Community worker. Here they collect food donations that could have gone to waste to help families in need. During the pandemic they have also been distributing bread supplied from the local authority. The young people in the area have asked to start a community garden too.

20 is plenty!
Did you know there are loads of benefits if we reduced the speed limit round the Heaton:
• Reduced road danger
• Reduced emissions
• Reduced Noise
• Increased road user justice
So, should we have a 20mph speed limit across the Heaton?

All Saints’ Community Garden:
All Saints Church in Heaton Norris is a force for good: an inclusive place with a strong community that welcomes anyone, no matter who you are and what you believe. Josh Gaskell has been helping to create the community garden at the church, teaching the children how food is grown. Surplus food from the church as well as from Green Lane Allotment, Whitehill allotment and supermarkets are available from the church for those who need it. They don’t ask questions, no food vouchers are required – if you need help, you can come here.

Plastic Shed:
Rachel and Camilla from Plastic Shed make fun things from plastic waste. Follow a step-by-step tutorial here: youtu.be/kE7BTBzVAdk

Electric Car:
Electric cars are cheaper than you might think! Mel Godfrey takes you through the maths and the benefits he is finding from owning an electric car.

Walking in the Heaton:
Angie from SLH raves about the best walks around the Heaton with dog friendly cafes.
Walking is...
1. Easy to build into your life
2. Cheap and convenient
3. Improves air quality and reduces congestion

Ecohome:
An Ecohome right in the middle of the Heaton! Check out how Steve from Moor Mag did it and how you can create eco-friendly improvements on your home.

The Good Life:
“We really need to think about not creating the waste in the first place. If you just take one product every week, it’s possible to eliminate, I’d say, 80% of your household waste without it being difficult at all - bake a batch of flapjacks every week and that’s eliminated all those snacks wrapped in plastic.” Hear more from The Good Life’s Shelley Brown on how you can shop more consciously.

Love Food: Hate Food Waste!
Food waste is responsible for 6% of greenhouse gas emissions - Aviation is only 4%!
Stop food waste in your house with some top tips from Sam Dugdale and Helena Mellish from Artisan Bespoke Catering and Seed Urban Farm

“OUR HOME” POEM

by Beth Whitehead, for the Heaton Climate Action Festival 2020
View the full film of the poem at:
<https://www.youtube.com/watch?v=VS6K5QywlI8>

Picture your home.
The place where you exist.
The place you’re always supported, keeps you going, gives you a lift.
The place you’ll reminisce about when you’re old and grown,
That well-known zone, that well-known home.

Now picture your home is in danger.
Picture that it’s at risk.
Picture you’ve been told that it’s gonna be set alight
Devoured by flames, engulfed in a night.
And as the fire flourishes, burning big and burning bright,
Your home is destroyed.
Can’t take the fire’s bite.
Tomorrow your home will vanish. You’d be panicked.
Right?

Obviously you’d see and do all that you could do,
Take all the necessary precautions in order to undo.
There’d be no uncertainty that it was an emergency,
You wouldn’t act carelessly; you would act with urgency.
You’d see and you’d take action.
You’d shout and demand a reaction.

Now picture our home. The place where we exist.
The place we’re always supported, keeps us going, gives us a lift.
The planet we call Earth. Home to wind, rain, ice and fire.
A home for us to evolve in, a place for us to inspire.
A home that we should forever treasure as a gift,
Without Earth there’d be no us, we simply couldn’t exist.

Now picture that our home is in danger.



Beth Whitehead
'OUR HOME'

Picture that it’s at risk.
You’d still take all those precautions right?
Act smart, act brisk.
Or would you leave the panic for somebody else?
Keep it optimistic.

Leave it as “someone else’s problem”, ‘cos you can’t be arsed to fix it.
Because guess what, our home is in trouble, the fire has started to spread.
But nobody seems to be panicking, everyone’s just turned their heads.

Mother Nature is so gentle and we have misused her.
Our greed has made us over consume and abuse her.
She is at stake because of our mistake.
Human impact stopping her from being intact.
She is the cause of us, but will be gone because of us.

And what is the point of shoulda, woulda, coulda
When we still have time for do, will and can?
It’s all gonna be “in hindsight” if we spend our lives putting it out of sight.
Out of sight, out of mind, but why don’t we mind!?

Life is being obliterated.
Species after species being exterminated.
Infact, at record pace,
We have increased animal extinction by 10,000 times the usual rate.
30 football pitches of forest are destroyed in one minute
Temperatures are rising; the ice is so thin
It melts and causes sea levels to rise
So it really shouldn’t come as a surprise

That the capital of Indonesia has to be updated
Jakarta is drowning, the city should be evacuated.

Unless we decide to stop our ways and revert
The Amazon rainforest will soon be the Amazon desert.
Imagine your children never seeing the stars,
‘Cos the air is too polluted from our overuse of cars.
Or that they can never swim in the sea.
‘Cos we were too lax, spent our lives carefree.
If they did swim in the sea, there’d be nothing to see.
‘Cos in the last 30 years we’ve killed half the world’s coral.
Our reckless gluttony is so clearly immoral.
Just like the fire, as humankind enhances;
New technology and scientific advances,
Earth pays the penalty,
Takes a hit environmentally.

But nobody is looking, nobody is hearing
These facts and figures ‘bout our home disappearing.
Continuing our lives like nothing has shifted.
Ignoring screams from our world that we were gifted.

Once she has gone there’s no Earth number 2.
And it’s not like online, can’t backspace or undo.
So we have to be kind to her and we need to act fast
We’re responsible for our future and must make up for our past.

We need to rearrange our inhumane ways,
Campaign for change and clear this stain
That we’re leaving on our Earth, our home.
We have to act now, there’s no time to postpone.

HEART OF THE HEATONS

MUSIC, ARTS & CULTURE FESTIVAL

ONLINE FESTIVAL

FRI 2ND - MON 12TH OCTOBER 2020

WWW.HEARTOFTHEHEATONS.COM

 facebook.com/HeartOfTheHeatons  @HeartOfTheHeatons

PROGRAMME LISTINGS

All week!

(family / adult / art)

“Heart Of The Heatons In Photographs” Exhibition

Throughout the festival, photographs capturing life in the Heatons from the members of the Four Heatons Photographers group will be proudly displayed online. Visit the link below to view this local talent, and maybe you'll be inspired to take your own photos too!

Cost & Booking: FREE.

Click the link any time between

2nd - 12th October

Link: <https://youtu.be/f3QVonzbC7U>

Friday 2nd October

9:00 - 21:00 (family / wellbeing / art)

World Smile Day!

Flood our Facebook and Instagram with your smiley pictures!

As is well known by now throughout the world, Harvey Ball, a commercial artist from Worcester, Massachusetts created the smiley face in 1963. That image went on to become the most recognizable symbol of good will and good cheer on the planet. As the years passed Harvey Ball became concerned about the over-commercialization of his symbol, and how its original meaning and intent had become lost in the constant repetition of the marketplace.

Out of that concern came his idea for World Smile Day®. He thought that we, all of us, should devote one day each year to smiles and kind acts throughout the world. The smiley face knows no politics, no geography and no religion. Harvey's idea was that for at least one day each year, neither should we. He declared that the first Friday in October each year would henceforth be World Smile Day®. Ever since that first World Smile Day® held in 1999, it has continued every year in Smiley's hometown of Worcester, MA and around the world. Join us to celebrate virtually, across the Heatons!

Cost & Booking: FREE & no need to book

Link: www.facebook.com/heartoftheheatons

20:00 - 23:00 (adult / music)

First Friday at West Heaton featuring The Settlers

The third annual Heart of the Heatons festival kicks off on Friday 2nd October with a virtual 'First Friday' performance that would normally have been held at West Heaton Tennis Club.

Our guests are The Settlers, who have pre-recorded a set for us from their base near Peterborough. The group were well known in the 1960s as one of the first pop/folk crossover acts and achieved regular airplay for their versions of songs such as 'Nowhere Man' and 'Michelle'. Their biggest hit came in 1971 with 'The Lightning Tree' - the theme tune to the TV series 'Folly Foot'. The group reformed in 2018 and have released an excellent new album entitled 'Resettled'.

Cost & Booking: FREE.

Just visit the link below to book to enjoy the event.

Link: https://zoom.us/webinar/register/WN_GrP6DvTFQoGp3SZb4T8o1Q

Saturday 3rd October

All day (family / art)

World Card Making Day Heart of the Heatons style!

Make a card on World Card Making Day that has a special message in about what you love about the Heatons. We will send you a card-making kit with everything you need to create your beautiful card - just dig out your favourite colouring pens! If you want, we will help you send your creation to a random address of someone in SK4 that you don't know, spreading kindness and goodwill across the four Heatons!

Cost & Booking: £2 to receive a card-making kit. Please email heartoftheheatons@gmail.com by Friday 2nd October to request your pack.

10:30 - 12:00 (adult / family / wellbeing)

Sustainable Living in the Heatons Monthly Meeting

Join the SLH team on a zoom meet up to share ideas following the Heatons Climate Action Festival in September. At our first monthly meeting since the festival we'd like to invite those who were inspired to come and meet us and get involved. Whether your interest is in planting and growing, local wildlife, fighting plastic waste, finding safer ways to get around the area on foot or a bike, or spreading the word about how to have an energy efficient house, this is the group to join. We are friendly, welcoming and also have fun!

Cost & Booking: FREE.

See www.slheatons.org for information and email for the link to join the meeting.

Link: Contact us at info@slheatons.org for the link to join us

11:00 - 12:15 (family / children / culture)

Storytelling & Drama Workshop

Children aged 6-8 are invited to an online Storytelling Drama workshop with Heatons Drama and Nick Shaw. Heatons Drama is a brand new Acting class run by Actor and LAMDA teacher, Kelly Hotten. Classes started online over Lockdown, but will be starting in person at The Heatons Centre this month! Nick Shaw is an English teacher who believes that stories are the best way to learn about ourselves and the world. He will be running story-based holiday camps once this COVID madness is over. Join us for some drama games and a story about our wonderful (and sometimes weird) community...

Cost & Booking: FREE.

Donations to Signpost for Carers welcome:

<https://www.signpostforcarers.org.uk/donate/donate-now/5/credit-card>

Link: Email kellyhotten@gmail.com to be sent the link to join

13:00 (family / adult / art)

Shop 4 Heatons Launch

Official launch of the new online Shop for the Heatons with a video introduction and brief overview.

- Live launch at 1pm

- Browse the store and local businesses

- Register as a customer

- Register as a seller

- Live chat - ask questions to the shop4heatons team on

Twitter: @Shop4Heatons 1pm-1:30pm

Cost & Booking: FREE & no need to book

Link: www.shop4heatons.com/homepage/

Saturday 3rd October at 16:00 and 19:30

Wednesday 7th October at 16:00 and 19:30

Sunday 11th October at 16:00 and 19:30

(family / culture)

The Trouble With Elephants Storytime

Julia Wolfendale launches her debut children's novel at the Heart of The Heatons Festival 2020. The Trouble with Elephants is a historical adventure story for children aged 9 upwards and enjoyed by adults too. Julia will be reading the first three chapters from the book at special online events.

Cost & Booking: FREE.

Just book your place at the event.

Link: See the Heart Of The Heatons website for the event links: www.heartoftheheatons.com

20:00 - 21:30 (adult / music)

Moor Club Vinyl Night

A night of vinyl delights & musical surprises! We provide the decks you bring the tunes! Vinyl Night is usually held monthly at The Moor Club, Heaton Moor Road (next to The Elizabethan). The night is a chance for anyone who wants to play some records from their own collection. DJ slots are 30mins and are pre-booked by requesting a slot via our Facebook Page. Unfortunately due to the current restrictions in place, our usual events are on hold. However you can join the Moor Club Vinyl Night crew over on Mixcloud Live from 8.00pm - 9.30pm where some of our regular DJs will be playing some Vinyl! Night Classics! Grab your favourite tippie, put your disco lights up and dance round the living room!

Cost & Booking: FREE & no need to book

Link: www.mixcloud.com/live/MoorClubVinylNight/

Sunday 4th October

10:30 - 14:30 (family / art)

Heaton Moor Producer's Market

Heaton Moor Producer's Market is back for you to get your regular fix of great artisan produce.

Cost & Booking: FREE - just come along!

Where: Shaw Road, Heaton Moor, SK4 4AG

Wednesday 7th October

19:00 - 20:00 (adult / wellbeing)

Let's get the Heatons Active

Have you heard about the Heatons Active Neighbourhood? Not sure what it is about? Want to have your say in how the Heatons can be transformed?

Join volunteers from Walk Ride Heatons to learn about Active Neighbourhoods, how they help to reduce air pollution, improve the community and benefit the most vulnerable in the community. You can also find out how you can join Walk Ride Heatons to work with the Council to make the Heatons a safer place for all.

Cost & Booking: FREE. Just click the link below to register for the event.

Link: shorturl.at/ahoGH

Thursday 8th October - 20:00

Saturday 10th October - 16:00

I Knead Pizza DIY Workshop

Ever wanted to learn the magic behind how to make a delicious I Knead Pizza creation? Well, now you get to learn! Watch Paul, the chef behind I Knead Pizza as he creates pizza magic before your very eyes... and invites you to make your own at the same time!

Purchase a DIY Pizza Kit for £10 which includes 2 Doughballs, pot of sauce, cheese, flour, basil, olive oil, 6 toppings & an I Knead Pizza Pizza Cutter. Then click the link to view the video to learn how to make your own pizza!

Cost & Booking: To buy a DIY kit in advance email ikneadpizza@outlook.com with the following details:

*Number of kits

*Choice of 6 toppings (View our menu online but basic pizza toppings will be available.)

* Address details & contact number

Your DIY kit will be delivered to you before the event. £10 kit plus £2 delivery.

Thurs Link: https://zoom.us/webinar/register/WN_C8Etg2XCQvyPnwqO98JYnA

Sat Link: https://zoom.us/webinar/register/WN_sBclbFbUQAairWp2CS6Q_g

Saturday 10th October

11:00 - 12:15 (family / children / culture)

Storytelling & Drama Workshop

Children aged 9-11 are invited to an online Storytelling Drama workshop with Heatons Drama and Nick Shaw. Heatons Drama is a brand new Acting class run by Actor and LAMDA teacher, Kelly Hotten. Classes started online over Lockdown, but will be starting in person at The Heatons Centre this month! Nick Shaw is an English teacher who believes that stories are the best way to learn about ourselves and the world. He will be running story-based holiday camps once this COVID madness is over. Join us for some drama games and a story about our wonderful (and sometimes weird) community...

Cost & Booking: FREE. Donations to Signpost for Carers welcome:

<https://www.signpostforcarers.org.uk/donate/donate-now/5/credit-card>

Link: Email kellyhotten@gmail.com to be sent the link to join

20:00 - 21:30 (adult / music)

Moor Club Vinyl Night Quiz

A night of vinyl delights & musical surprises! We provide the decks you bring the tunes!

Vinyl Night is usually held monthly at The Moor Club, Heaton Moor Road (next to The Elizabethan). The night is a chance for anyone who wants to play some records from their own collection. DJ slots are 30mins and are pre-booked by requesting a slot via our Facebook Page. Unfortunately due to the current restrictions in place, our usual events are on hold.

However on Saturday 10th October, as part of The Heart of the Heatons Festival, we will be reviving the Legendary Vinyl Night Pop Quiz on Facebook Live from 8pm-9.30pm.

Cost & Booking: FREE & no need to book

Link: www.facebook.com/groups/MoorClubVinylNight/

Sunday 11th October

14:00 - 18:00 (adult / family / music)

Heatons Social Festival Stream

Heatons Social Sunday stream of dance music for adults has been extended to a Heart Of The Heatons Festival online event with special guest DJs alongside residents Ace and Lovejoy.

Cost & Booking: FREE & no need to book

Link: <https://www.facebook.com/DanceMusicForAdults>

Monday 12th October

20:30 - 22:30 (adult / culture)

SK Film Awards Night! (18+)

Join us in reminiscing about the fantastic winning entries from 2019 in this special event celebrating the best of amateur local film-making talent in Stockport. Sadly due to Covid-19 the SK Film Awards can't take place this year, but we want to look back on our inaugural event in 2019 and hopefully ignite renewed interest and passion within our community to get into film-making. The SK Film Awards will be back next year. PLEASE NOTE THIS EVENT IS FOR PERSONS AGED 18+ DUE TO SENSITIVE CONTENT.

Cost & Booking: FREE. Click the link below to register to attend the event.

Link: https://zoom.us/webinar/register/WN_cKAs5LYESlm8WXNfpn-poA

Fri 2nd October - 11:00 - 12:00 - Tai Chi

Mon 5th October - 10:30 - 11:30 - Qigong

Tues 6th October - 11:00 - 12:00 - Qigong

Tues 6th October - 12:00 - 13:00 - Tai Chi

Wed 7th October - 13:00 - 14:00 - Qigong

Thurs 8th October - 17:30 - 18:30 - Tai Chi

Fri 11th October - 11:00 - 12:00 - Tai Chi

(adult / wellbeing)

Tai Chi and Qigong for Everyone

Relaxed flowing movements to improve and maintain health and well-being. Newcomers, beginners, all ages and fitness levels always welcome in all classes. Soothe the body and mind by taking part in a traditional Chen style Tai Chi or Qigong class involving movements that have been practiced for hundreds of years. Experience the potential health benefits including improved balance, breathing, mindfulness, relaxation, coordination, posture, strength and the reduction of stress.

The Heaton Moor Tai Chi Centre is running free beginners Tai Chi and Qigong classes live online over Zoom for the duration of the festival. Take part in unlimited classes for free for the duration of the festival. Each class is taught by an experienced Tai Chi practitioner and teacher in an open, friendly, welcoming environment. Take part in as much or as little of the session as you are comfortable with under no pressure. We hope to "see" you in class!

Cost & Booking: Free taster session for newcomers. Please register for the classes following the link provided.

Link: <https://www.heatonmoortaichicentre.com/heatons-festival-registration>

HEART OF THE HEATONS FLASH FICTION WINNERS

The Poetry, Flash Fiction and Photography
Competition winners for 2020 will be announced
at a special event during the festival.

WINNER FLASH FICTION OVER 255

What We Took

by Dan Ware

We were only kids then, so we didn't take much with us. Didn't even have much we could have taken. Brian had nicked some nice gear from where he worked in town, and his Mum bought him some Palladiums. The rest of us only took a couple of tops, trunks that wouldn't even get wet, and some shades, although Steve reckoned we'd better take smart keks and shoes in case the clubs were all snide.

All Doc took was a ghetto blaster and a carrier bag with some C90s, deodorant, wayfarers, and a smiley t-shirt. He also took a whole sheet, folded away neatly inside a copy of Paid in Full. They didn't stop him at arrivals, but he was off his head all week when we were all having a right laugh.

We were thought we were cool though, so cool we never tapped off, never really tried. But we were there when it kicked off, in our city, when the world took notice. We'd get bongoed in the Liz and then take the last train into town. Steve knew Bev on the door, so we'd jump the queue and take the stage. The bass filled your chest, the groove was mad and the beat relentless. But then it would break, and you'd cheer and hug your mates until it started to build again. Apart from Doc, none of us took anything, not until later on, after the summer was gone.

We hadn't checked anything in and the connection at Madrid was no mither. Steve was still banging on about how there's direct flights and why didn't we go to Ibiza anyway when that's where it's happening. We took Brian's word for it that it was a nice place and that his Mum and Dad were doing us a good deal.

We all took pesetas. Nobody knew how much we'd need, but a roast chicken was only 200, a whole case of beer not much more. We'd drink on the balcony and lark about to Darling Nikki over and over. One time, Brian went a bit crazy and started torching the flying ants with his hairspray. We'd go on about City and Scorsese and that time Doc was sick in McTuckies, or how they are only brilliant because Bernard isn't a singer and no, don't be an idiot, Palatine Road doesn't lead to Rome.

Later, with ears ringing, drunk, dishevelled and elated, me and Steve would dig out coins for the beer machine and sit on the cool sand. As the waves brought us down, and the glow built behind the headland, Steve said mate, I don't know if we are all going to make it. I said no mate, maybe not. But me and you, we're sound, aren't we? Yeah, we're alright.

Shivering, exhausted, we'd stagger back, swerving the white glare of the terrace and the men armed with towels, for a few hours kip and then out again, to take another night.

WINNER FLASH FICTION OVER 505

The Connection

by Annette Pickering

Something niggled in the back of Kate's mind, ever since the letter had dropped through the door.

It was unusual to receive anything handwritten these days. Everything was typed or emailed.

More unusual, it had a postage stamp with a Christmas design though now it was July. The post mark revealed it had been posted in Yorkshire.

It was written in a mature hand, even and rounded. Just the same as Kate's own writing, the way she had been taught in school so many years ago. Even more confusing was the lack of address in the top right hand corner. Just the word HALIFAX and no signature at the end, just "Love E"

Kate had no family. She had been brought up by her grandparents, now long gone. During their life, when she asked about her parents, she was rebuffed and told "they were no better than they ought to be"..... Eventually Kate stopped asking.

Grandma was old and cantankerous. It had always seemed as though she resented Kate's very existence. Frequently reminding her that her mother's death was a purely selfish act. When she should have been enjoying her long awaited retirement.

Grandpa was different. He found it best to keep quiet, so avoiding the constant tirades of his wife. He desperately missed his daughter and loved Kate so much it hurt. She was the only connection to his lost child. He tried his best to make up for his wife's hatred with secret treats and the occasional discrete hug.

With both grandparents now dead, Kate had settled down. She had a good job and a small circle of friends.

As far as she was aware there were no other relatives, either here or in Halifax.

So who was 'E' and why had he or she contacted her now?

Today she would find out.

The letter had been brief and to the point. Asking her to meet at the entrance to the shopping precinct at midday on Saturday.

Kate, accompanied by her best friend Jo, sat on the bench by the telephone boxes. They chatted in the warm summer sunshine. "Who do you think it is?" said Jo. "I've really no idea" replied Kate. "Grandma was reluctant to discuss mum, dad was never mentioned and I have no cousins."

The square was busy. Families doing the weekly shop. Groups of teenage girls laughing as they showed one another their purchases ready for a night out.

So many people with tattoos. "What will they look like when they get old?" said Kate. Jo laughed. "People are strange, look at that lady over there, she doesn't look the sort to have tattoos, but she's got a tiny butterfly on her shoulder."

As Jo spoke, the lady turned round. "Oh my god Kate, she's a mirror image of you." "Hello Kathryn"

At long last Kate realised the connection and her story would soon be revealed.

WINNER FLASH FICTION 9-12 YEARS

Rain, footsteps. Screams. Nothing.

by Amy Renshaw

I woke up with a start, a pool of sweat lying underneath me. Mum's gonna kill me, I thought. I pulled myself up to a sitting position on my bunk bed.

I froze.

As quietly as I could I climbed up the ladder to see if I had woken my seven year old little sister, Bailey. Fortunately, I had not. I tip-toed over to my desk and turned on my fan. "Ahh," I sighed, enjoying the relieving sensation. Suddenly, I heard loud thumps coming from my hideout in a hollow oak tree in the garden, "What the-?"

Curiosity growing inside of me, I pulled on a coat and some leggings and made my way downstairs. I grabbed the keys from the porch and opened the back door. It was pitch black outside. Only my sense of direction could help me reach the tree – but I couldn't. It felt as if something were blocking me from finding it, something you don't normally see. My curiosity got the better of me (like it always does) and I persisted. I stuck my arms out in front of me, wishing I hadn't come out here so early in the morning. After five minutes I finally found the tree. I opened the small door and turned on the small LED light that my sister had duct taped onto the roof of the space.

I saw a ghost, curled up into a ball, a frightened expression on her face.

"It's ok, I'm not going to hurt you," I explained. "What are you doing in here?"

"I was looking f-for you." The spirit was a girl, with the figure of a ten year old, but her voice was high-pitched and shaky. "Do you remember me? I was the girl in your dream, the one that screamed. We are connected."

"Wait a minute. What are you doing in my dreams?" I demanded, unaware of my angry tone. The ghost stepped backwards.

"I-I'm sorry, Katy," She gulped. "But you have to follow me. You need to see something..."

CULTURE

HEART OF THE HEATONS POETRY WINNERS 2019

HOTH WINNER POETRY OVER 25S

Heaton Moor Park

by John F Keane

They begin.

Victorian trio armed with Empire vision
Well-tempered sinews and robust morality
Brief cider rests and jests no longer said
Set brawn to work in eager regiment.
No outcast here, a place for everyone

The army way.

Long hours of willing toil in growing earth
From April's sudden kiss to autumn's gentle fall.
No stain of doubt in God to spoil each honest task;
Just bone-deep joy in manhood's rugged might,
Strong in the knotty knowledge

This will be.

The trees stand broad and tall, their roots drink deep.
The paths, the lawns, the benches and the gates
The glowing, fragrant blooms and all their pleasancess
Stand where that trio laid them, long asleep.
However went their lives, they bless us still

For so it was.

HOTH WINNER POETRY OVER 50S

Kin

by John Delaney-Willis

Your tiny hand fits mine and
mine in his like a Russian doll.

Amid the ridges and valleys of my fingerprints,
you can glimpse bog land and farms, factories and pubs.

Rooted in the bed of each nail you will
find housework and children, childbirth and sorrow.

Within the folds of skin that cushion his knuckles
you can see friendships and lovers, lies and betrayals.

Between each figure crease lay echoes of
faith and ritual, belief and release.

The lifelines traced across your palm

converge a lifetime away.

And with such tiny hands,

connections are made.



RANDOM OVERHEARD IN THE HEATONS

Our roving raconteur, the flaneur of the Heatons and beyond, known for gracing our (mostly) licensed places and spaces (remember those...?)...described as The Patron of Debauchery, a lighthearted literatus, the wandering adventures of a solo Twitterer usually from a socially distant pavement near you.

Sarcasm frequent, drops of kindness rare and small.

You have been warned folks.

Here goes...

#RandomOverheard

'God I'm getting a real tummy on me these days....middle age eh....'
'It's just the wine, food, music, laughter and all the good times...'
*pats tummy
'Yeah...great memories!'

Outside shop:
'Are you queuing?'
'Yes, it's one out, one in policy'
*peers inside
'But it looks empty....'
*folds arms
*points at sign
'But...'
Staff member appears. Pointedly steps outside of shop.
'I think that counts now don't you...'
<gales of laughter>

Bank Clerk: '...and do you bank with us madam?'
'Oh yes! All my debts are yours!'

'...hubby actually suggested a date night the other day...I said, yeah, great idea...I know the perfect guy...I'll introduce you...hope you like him...'

'Oh how I wish Beyoncé had married Roy Castle...'

'...he was 70 this year...can you believe that! I didn't think that one through when we were dating in my 20's...'

'Am I turning into my mother...?'
<silence>
'Is that...y'know... like one of those trick exam questions with 'discuss' attached to it...'

'...so I had to say BACK OFF!!! as he was about to lunge in with one of those godawful sloppy kisses...but that's not just 'cos of the virus...obviously...I'm just glad to have more of an excuse these days...yuk!!'

'Do you have any allergies?'
'Only an aversion to an empty glass...'

'Well you know he had the skinhead... he had it dyed in a kind of leopard print style...so actually now it just looks like he's got some weird form of the bubonic plague....'
<silence>
'Kind of unfortunate in the current climate...'

MUSIC

GORDON VINEY – A LOCAL LEGEND AT 90

by Andy Rayner

Congregation and choir members at St. Paul's Church are hoping to be able to celebrate an important date on Saturday, 3 October when popular organist and choirmaster Gordon Viney celebrates his 90th birthday.

Gordon, who grew up in Heaton Norris and Heaton Chapel, joined the Heaton Moor Road church in 1956 as assistant to the charismatic Geoffrey Barber. Together they built a choir that at the time was rightly regarded as one of the finest parish church choirs in the north-west, appearing on various BBC religious broadcasts and regularly singing at such hallowed venues as York Minster and Chester Cathedral. The reputation they established led to a waiting list of boys whose parents were keen for their sons to access the first-class musical education on offer, with many ex-choirboys going on to have successful careers in various fields of music.

Gordon took over the reins himself in 1969 and with the help of his good friend David Jepson, a choir member and professional musician, has managed to keep the St. Paul's tradition of musical excellence

going ever since. By the 1990s, the participation of boys in church choirs had declined nationwide, so Gordon (using his legendary charm) cajoled and encouraged a number of lady parishioners to get involved and formed an enthusiastic new choir of mixed adult voices. In normal times, the choir performs a monthly choral evensong to a high standard, plus the annual Festival of Nine Lessons and Carols that marks the start of the Christmas season for many local residents.

Away from music, Gordon has led a full and active life – he spent most of his career working at the Christie Hospital with such dedication that, shortly before his retirement in 1995, he was awarded an MBE for services to the NHS. He has also served as a magistrate and been president of the Manchester Organists Association. He enjoyed caravan holidays with his wife Jane until her death in 2011 and still visits Corfu every year with a group of friends. Gordon, the choir and congregation are all hoping that normal services can be resumed as soon as possible!



Andy Rayner writes a regular monthly column on all genres of music in the Heatons – contact him with your music news at: news@heatonspost.co.uk

TRAVEL

While travel outside the UK has been restricted this year, we look forward to the time when we can experience new places once again. Our travel writers, Teresa and Steve, provide some future travel inspiration with a guide to Naples.

NAPLES - POMPEII

by T. Dietrich and S. Harrison

Naples, the home of pizza, is a vibrant, historical and authentic city where life is lived on the narrow cobbled streets and historic piazzas of Italy's third largest city. Not only has Naples so much to offer the casual weekender, its southern European location guarantees the winter sun and it is the gateway to Pompeii, Capri and the Amalfi coast.

Start your visit with a wander down Via San Gregorio Armeno, which is the old city's most famous alleyway, full

of very kitsch nativity souvenirs and some great spots for coffee and cake. If you think it is alive and buzzing in the day, then at night it comes into its own with stand up bars and the best pizzas known to man. For a less hectic stroll then head to Lungomare seafront promenade and enjoy an aperitivo with stunning views of Mount Vesuvius especially at sunset.

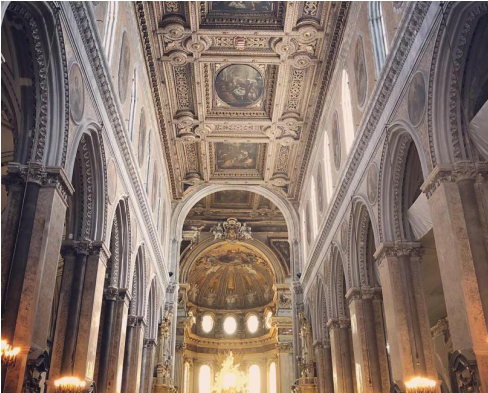
Via dei Tribunali is pizza central with Gino Sorbillo recognised as one of the world's best pizza joints, while

L'Antica Pizzeria da Michelle on the edge of the old city is where margarita pizza was invented when Queen Margherita requested a pizza that bore the Italian colours. Expect long queues for entry into the most famous spots, for something very Neapolitan then try a fried stuffed pizza at Pizzeria Di Matteo.

Naples is not all about food and drink - there are over 1000 churches, a maze of catacombs and the veiled Christ (Cristo velato) in the Cappella

Sansevero is a must to be visited.

Direct flights from Manchester make this wonderful city a go to destination for a winter break.



MUSIC QUIZ

by Andy Rayner

Here are the answers to last month's Music Quiz by our resident writer, Andy Rayner. Thanks to the First Friday team at the West Heaton Bowling, Tennis & Squash Club there's a free case of beer for the Music Quiz winner... the first person to answer all the questions correctly!

And the winner is...
PETER DEVONALD!
Well done, Peter!



1	An early incarnation of 10cc, featuring three of the founder members, had a 1970 hit with the song "Neanderthal Man" under what name? HOTLEGS
2	Martin Fry, who grew up in Bramhall, is best known as the founder member and lead singer of which group? ABC
3	Which Stockport born artist represented the UK at the 2006 Eurovision Song Contest with the song "Teenage Life"? DAZ SAMPSON
4	Heatons resident Alan Clarke was keyboard player with which legendary band from 1980 until they disbanded in 1995? DIRE STRAITS
5	The Hollies' 1965 number one "I'm Alive" was originally recorded by which local band, who took their name from a boutique on Prince's St., Stockport? THE TOGGERY FIVE
6	St. Winifred's School Choir's 1980 number one "There's No One Quite Like Grandma" was written to celebrate which event? THE QUEEN MOTHER'S 80th BIRTHDAY
7	Stockport born Geoff Downes, who went on to play keyboards for both Yes and Asia, first tasted chart success as one half of which duo? BUGGLES
8	The album Solitaire, recorded at Strawberry Studios with the future members of 10cc, led to the revival of the career of which American singer? NEIL SEDAKA
9	Heatons resident Liam Fray is guitarist and singer with which band? THE COURTEENERS
10	Which Stockport born singer and musician is best known as frontman of 1980s synthpop band, Living In A Box? RICHARD DARBYSHIRE
11	All five original members of which Stockport band were born in Stepping Hill Hospital? BLOSSOMS
12	Which 60s Stockport band had their debut single "Granny Takes A Trip" banned by the BBC due to its alleged drug references? THE PURPLE GANG
13	Which band fronted by Stockport born Rick Witter had 14 consecutive top 40 hits in the 1990s? SHED SEVEN
14	Stockport born Dominic Howard is the drummer with which major rock band? MUSE
15	Stockport Rock 'n Roll Society, which meets every month at Brinnington Ward Labour Club is run by Derek Quinn. Which successful 60s group was he once a member of? FREDDIE & THE DREAMERS
16	Singer Sarah Harding, a former student at Stockport College, had 20 hit singles as a member of which group? GIRLS ALOUD
17	Which Heaton Moor based guitarist is one of the few British musicians inducted into the Blues Hall of Fame? NORMAN BEAKER
18	Colourful entertainer Timmy Mallett, from Marple, hit the number one spot in 1990 as a member of which band? BOMBALURINA
19	At which Stockport recording studio was Bryan & Michael's 1978 number one hit "Matchstalk Men and Matchstalk Cats And Dogs" recorded? (Careful here....) PLUTO STUDIOS
20	Towards the end of his career, who in 1983 released a single called "Stockport"? FRANKIE VAUGHAN

LOCAL SCHOOL UPDATE

REDDISH VALE VIRTUAL TOUR

by Sian Williams

At the beginning of September, we welcomed all of our students and staff back into school. It was lovely to meet our new Year 7 students, who had their induction days, as well as welcoming our other year groups back into school to continue their learning.

Each year group was welcomed into their year group bubbles, in order to keep everybody safe, and the students responded really well to this big change. We are extremely proud of them for this, and happy to see them willing to carry on their learning upon coming back into school following the lockdown and summer holidays.

Our open evening event was hosted slightly differently this year. We hosted a virtual tour in the form of a promotional video, created and edited by Atom Media, as well as a Headteacher's welcome message. We also delivered a number of school prospectuses to our feeder primary schools in order to promote the event further and reach as many prospective students and parents as possible.

Though the open evening event has been handled slightly differently this year, due to the current situation, the positive response has astounded us here at Reddish Vale, and we are very proud of the success of our virtual event.

Unfortunately, due to the Covid-19 restrictions, we are unable to offer visits around the school at this time. Please visit our website to view our virtual school tour and Headteacher's welcome message. If you have any queries, please contact our Marketing Office, Sian Williams by emailing her at sian.williams@reddish.stockport.sch.uk

FROM THE HEATONS TO SOUTH AFRICA

by Rotary Stockport Lamplighter

This time last year, Carol Cross, from Heaton Mersey, was planning her 14th visit to Khensani Primary School in the Township of Soshanguve, South Africa and should currently be planning her 15th visit. However, due to Covid-19 restrictions, this year's visit will obviously have to be postponed.

Carol started a twinning arrangement with the school in 2002 when she was a teacher at Tithe Barn Primary School and has kept the friendship going ever since. She now works closely with Rotary Stockport Lamplighter who bought the school their first computers many years ago when there were none at all in any Township schools.

The computers gave the pupils a good start in life, although there were huge problems when they went wrong and staff couldn't get the help they needed to repair them. Last year, the school had so many pupils that the present Computer Suite had to be taken over as a classroom as some classes had 70 pupils.

Younger members of staff are now much more knowledgeable about computers and have a far greater understanding than they did all those years ago. They also have a far better command of the English language and spend many hours discussing education with Carol in the hope that they can improve lessons for their learners.

Although many of the 1,300 pupils in the school live in overcrowded small houses, there are many who come from homes with professional parents. Whatever their living arrangements, parents all have the same aspirations for their children and hope for a better life culminating, ultimately, in a rewarding job.

Last year, local Heatonians donated over fifty pairs of good quality second hand black leather school shoes which Carol took over to South Africa in October. Many of the children at the school are orphans and this gesture delighted those who were lucky enough to receive the shoes. Boxes of shoes have already been collected for this year and will be added to, and saved, for next year's visit.

Lamplighters also sent over donations of money which was used to buy food for child-led families - those without any parents in the home. Carol and Principal Themba worked on menus for the children's meals, costing the food they would need to buy and prepare them. The school does a lot of work with these children and tries really hard to look after their well being.

As is tradition at the school, Carol and her husband Brian were treated to a wonderful display of traditional singing and dancing by the extremely talented pupils, most of whom often burst into spontaneous singing. Even the staff get up and dance in assembly. A few years ago they made a CD of their music which is now on YouTube. As the years go by, the children like to listen to European music but still manage to retain their own culture and traditions.

Sadly, three members of staff at the school have recently been hospitalised with Covid, but thankfully they are back in the classroom and feeling much better.

A plaque on the school wall thanks Lamplighter for its support over the years and it is hoped this help and support will last for many years to come.



Personal Growth | Academic Excellence

Open Day Invitations

Unfortunately, due to the Covid-19 restrictions, we are unable to offer visits around the school at this time. Please visit our website to view our virtual school tour and Headteacher's welcome message. If you have any queries, please contact our Marketing Officer, Sian Williams by emailing her at sian.williams@reddish.stockport.sch.uk

PROMO VIDEO
OUT NOW!



REDDISH VALE HIGH SCHOOL

Part of the South Manchester Learning Trust

Reddish Vale Road, Stockport, SK3 7HD
Tel: 0161 477 3544
www.reddish.stockport.sch.uk



RECOMMENDED BOOK FOR OCTOBER

Children's Book Recommendation

The Girl of Ink and Stars

by Kiran Millwood Hargrave



Forbidden to leave her island, Isabella dreams of places her father once mapped. When her best friend goes missing, she is determined to join the search party. With a little help from her disguises, she goes looking with the Governor, some guards and her friend, Pablo, in the forgotten territories, the home of the Fire Demon!

This is my absolute favourite book that I have ever read! It's full of adventure,

friendship, mystery and magic. My favourite part is where they find a secret way out and save every one!

I would recommend this book for years 4, 5, 6 and 7, and would give it a 4.5 out of 5 star rating.

Recommended by Amelia, Year 5.

Thank you for all the book recommendations we have received. If you don't see your recommendation here, look out for it in a future edition of Heaton's Post!

LOCAL BUSINESS NEWS

RACHEL SHAPEY JOINS BBC MS ORCHESTRA

Rachel Shapey, director of award-winning online business, I Can Compose, was recently invited to join a new ensemble for musicians living with multiple sclerosis - the BBC MS Orchestra.

Paying tribute to the cellist, Jacqueline du Pré whose performing career was tragically cut short by the condition, the group were due to play in the Royal Albert Hall. However, due to covid-19 restrictions the performance of Elgar's 'Nimrod' was moved online, with players recording their individual parts from home.

The performance was featured on the BBC One Show in September, ahead of the Last Night of the Proms. Jacqueline's sister, Hilary, was interviewed and said that Jackie would have been delighted that there is an 'MS Orchestra'.

Rachel says: "It would have been amazing to have played in the Royal Albert Hall, but meeting the other musicians on Zoom and hearing the final performance was really worth it and I hope we can perform together live at some point in the future."



ADVERTORIAL

INDEPENDENT FAMILY RUN
GEORGE BALL & SON
EST 1870
FUNERAL DIRECTORS



150 YEARS IN THE HEATONS

by Rachel Arnison

George Ball & Son can be traced back to 1870 when George Ball of Birch Avenue, Heaton Moor, the local master carpenter and coffin maker started to arrange funerals. At this time the coffin was taken to the deceased's home and placed in the front parlour. The hearse and carriages were horse-drawn and hired from Stockport Borough Carriage Co. based in Mersey Square.

Over the years, George Ball & Son have been innovators and, in 1954, were the first funeral directors in Stockport to provide Chapels of Rest. After moving to new premises, in the old Heaton Moor Guardian Printworks in Derby Range in 1992, funeral vehicles were acquired and today these are Jaguars. In the 1980's they became involved with pre-paid funeral plans and were chosen as nominated funeral directors for their quality of

service, they remain experts in this field and continue to sell and facilitate plans which are individually tailored to clients requests.

As funeral directors they have embraced changes in the traditions of funerals such as requests for non-religious ceremonies whilst continuing to offer traditional religious services and also green funerals. They founded Friends of Nature Burial Ground, Mobberley in 1998.

Still owned and run by the descendants of George Ball, they remain very proud of the high level of personal, prestigious service they provide at a very difficult time for families.

Sadly, due to the Covid-19 pandemic any formal celebrations for their 150th anniversary have been put on hold.



SILENT AUCTION

The Heatons Post is a not-for-profit community newspaper that is run by a very small team on a voluntary basis who are dedicated to ensuring local news reaches as many residents across the Heatons and Reddish as possible.

In order for the newspaper to continue to be published each month, we are holding a Jumblebee Silent Auction.

The auction will take place from 28 November to 13 December and we are looking for donations of auction items from local businesses and artists.

The proceeds from the auction will be split between the Heatons Post and a local Heatons-based charity.

If you would like to help support Heatons Post by donating an item for auction, we would love to hear from you. Any and all donations would be greatly appreciated.

Please contact the Heatons Post team by Sunday, 1 November 2020 at: news@heatonspost.co.uk



SHOP LOCAL, ONLINE!

From Saturday, 3 October, residents of the Heatons, Reddish and beyond will be able to browse and purchase products and services from local businesses, all in one convenient online shop.

Shop 4 Heatons is an initiative developed by the 4 Heatons Traders Association to help independent businesses based within the local area to sell online. The initiative came about due to the continued increase in the popularity of shopping online, particularly during the past few months - a trend that is unlikely to

change going forward.

Shop 4 Heatons provides the community with a convenient, one-stop, online shop which is local in focus - all those who sell products or services through Shop 4 Heatons are based within the local area or are a regular trader at Heaton Moor Market.

In developing Shop 4 Heatons, the aim is to enable small businesses to reach more customers and to make it easier for customers to access a wider range of local businesses - whether those businesses usually sell from a shop,

market or online - supporting the shop local message.

New sellers and products are continually being added to the site and all purchases are processed by Shop 4 Heatons through a secure payment system.

Shopping locally has never been so easy!

Browse Shop 4 Heatons now at: www.shop4heatons.com

WEDDINGS OF THE FUTURE?

by *Frock Goddess*

In 2019, the average cost of a wedding was £31,974 with the average guest list for the day and evening receptions being 82 and 103 people respectively. But are big, lavish weddings a thing of the past?

Coming through the Coronavirus pandemic has forced couples to reconsider their wedding plans for a variety of reasons.

Firstly, current Government guidelines place restrictions on numbers of guests at weddings. With the extra lock down restrictions coming to an end in some parts of the North West, couples are now allowed to have a wedding reception of up to 30 people. Whilst this is great news, it still means a much smaller wedding than most couples originally had in mind.

Many couples who either don't want to wait any longer to finalise the date, or who have already postponed their wedding at least once and risk having to postpone it yet again, are opting for a smaller, more intimate wedding.

Secondly, many couples are having to reassess their finances and are, therefore, forced to scale down their original plans – particularly when they may have already lost money cancelling their original date.

And finally, the pandemic has caused many people to reassess what is important to them. There is a growing trend for couples to do things differently to reduce waste in connection with their wedding: not only financially but also environmentally. More and more couples are actively making more eco friendly choices when it comes to wedding planning.

Stockport based bridal brand Frock Goddess was started a year ago by husband and wife team Jenny & David Haworth in response to a rising demand for more sustainable and intimate weddings.

Jenny says, "We got married three years ago and didn't feel comfortable with the amount of money needed and waste involved in getting married.



Yes, it is of course a very special day, but we felt that there must be ways of doing it in a more affordable and environmentally friendly way".

The couple, who married at Victoria Baths in 2017, were lucky in that Jenny, who has been sewing for 30 years, was able to make her own dress; while David, being a theatre set designer, got creative with designing the beautiful space. They were able to create their dream wedding with minimal waste.

Over the past six months, Jenny and David have noticed a huge increase in demand for sustainable and affordable weddings.

David says, "Since the pandemic, it has become clear that more people than ever feel that they want to have a more intimate or sustainable wedding. Many couples have told us that the wedding they are planning is different to the one they would have had if the pandemic hadn't happened."

ADVERTORIAL

FOOD FOR THOUGHT

Food production is the biggest impact we have on the planet, which is why chef Sam Dugdale and his partner Helena created ArtiSam Bespoke - a catering company with environmental sustainability at its core.

The couple's primary goal is to produce high quality food, with low environmental impact. As part of this, they wanted to use produce that was packed with nutrients and not with food miles, but locally, they could not find what they were after - so they decided to grow it at home! Not only do less food miles mean less carbon footprint, but the quicker the journey, the greater the nutritional value.

As gardening enthusiasts, the pair learnt and developed grow systems to produce the Microgreens and Mushrooms they wanted for their food - ingredients that not only taste delicious, but add a whole heap of nutritional benefits far beyond their size. The absence of anything similar for sale locally is what spurred the pair to evolve their set-up into a commercial enterprise - Seed Urban Farm - an eco indoor farm that produces microgreens and culinary mushrooms to feed the surrounding local area.

Based in Vernon Mill, Stockport, the idea behind Seed is to offer people fresh, nutrient-dense produce that is sustainably made and locally grown - and easily added to dinners. Aware that the transportation of food leaves an environmental toll, the produce grown at the farm will be cycled directly



to customers using an electric bicycle. The food grown by Seed is available to households and restaurants in Stockport and Manchester and can be bought online at www.seedurbanfarm.co.uk

To celebrate their upcoming launch, for a limited time you can sign up to receive 10% off your first order!

Alternatively, visit ArtiSam at the next Heaton Moor Market to buy some microgreens to take home.

FRESH AND NEW AT THE HEATON

by *Lisa Kettle and Danni Condron*



Our newest venture, 'The Heaton' from myself, Lisa Kettle and partner Danni Condron opened on Thursday, 17 September after its doors closing back in March.

This is our third opening, following on from our successes at our two other award winning venues: The Bridge Pub & Dining in Sale, and No1 Canal Street in Manchester city centre.

We are looking to replicate the high standards and quality of service that we pride ourselves on and are extremely excited to bring this to The Heaton.

The kitchen is being opened by our executive chef Jeremy Ashwin, who brings us the best quality fresh seasonal food to our customers.

Our a la carte menu is comprised of traditional British cuisine, interjected

with Asian fusion dishes to offer an eclectic and varied choice.

Alongside our a la carte menu, we offer a popular two course menu which runs throughout the week and an extensive wine, cocktail and gin menu.

Taking note from our site The Bridge, we are looking to offer a family friendly environment, whilst offering the very best quality of food and drinks. We also welcome dogs, so the whole family can enjoy a visit to us!

The response from the local community has been exceedingly positive, and we cannot wait to welcome everybody to our latest site that we are so very proud of.

On behalf of Lisa, Danni and the whole team, we welcome you to The Heaton.

www.the-heaton.co.uk

THE TROUBLE WITH ELEPHANTS

Heaton Mersey resident and local business owner, Julia Wolfendale, has recently published her first children's book - a story Julia began to write when she was in high school.

The Trouble with Elephants is a story about hope, courage and being able to overcome challenges.

Telling us about the book, Julia says, "12 year old Sam, an apprentice at Belle Vue Zoo, is the main character and finds himself in a terrible predicament. It is 1872, and he must find a way to save Sally, his beloved elephant, and help Mr Jennison to save the zoo."

For Julia, writing a book has been a lifetime ambition. Julia tells us, "I began writing the story in my first year of high school after a day out with my dad to the Manchester Museum. Seeing the skeleton of Maharajah, the famous elephant and reading

about how he walked to Manchester, captured my imagination.

"I researched the story of how Belle Vue began so simply as a tea garden in the grounds of Mr Jennison's home in Stockport in the 1830s and expanded to become known as 'The Showground of the World,' attracting 150,000 visitors on a bank holiday. I was intrigued by the ingenuity of the founder and the stories of the animals; and people who worked there and I set about writing the first four chapters.

"Sadly, the early manuscript lay in a drawer for many years until 2013 when I decided to rewrite the tale for my daughters, who were then aged ten and seven. They persuaded me to turn it into a real book and this summer seemed like the best time to actually get it published as an uplifting tale, providing a welcome escape from the difficulties of the last few months."

Julia plans to continue to write and already has two more books drafted.

"I am particularly interested in writing more about resilience and ordinary people who do amazing things. I promise to not take so long to get those ones published."

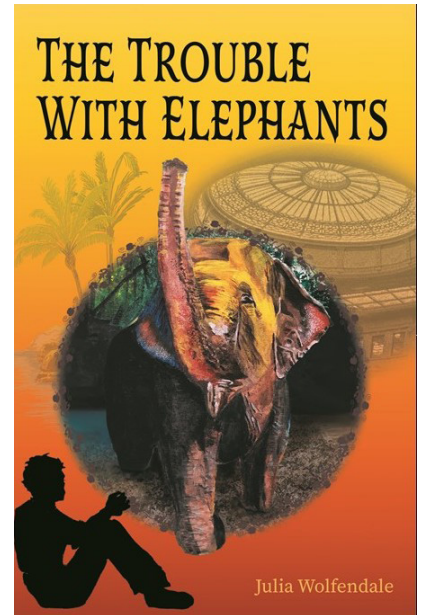
Julia launches her debut children's novel at the Heart of The Heaton's Festival 2020. The Trouble with Elephants is a historical adventure story for children aged 9 upwards and enjoyed by adults too. Julia will be reading the first three chapters from the book at special online events at the following times:

Saturday, 3 Oct at 16:00 and 19:30

Wednesday, 7 Oct at 16:00 and 19:30

Sunday, 11 Oct at 16:00 and 19:30

See the Heart Of The Heaton's website for the event links:
www.heartoftheheatons.com



Purchase The Trouble with Elephants on Amazon in paperback and E-book format, or at selected independent retailers in Heaton Moor.

SPOTLIGHT ON STARTUPS

by Kevin Bradford

One of the beauties of The Heaton's and Reddish is the thriving sense of community, driven in part by the small businesses and entrepreneurial owners who have set up in the area.

In this Spotlight in Startups section, we'll look at some of the brands who call the area home, and welcome locals as friends.

We all know parts of The Heaton's and Reddish punch well above their weight when it comes to eating options.

The commitment of cafes, restaurants, and shops to offer regionally sourced produce, coupled with the willingness of diners to support the initiatives, means our high streets are full of flavour.

Bringing a taste of Italy to Reddish, I Knead Pizza was born from founder Paul Corrigan's love of fresh food.

Far from the frozen imitations or big-name take-aways, this place serves Neapolitan style pizzas – hand stretched Italian dough topped with as many locally grown ingredients as they can find.

And the vision is clear - they want to provide a quality product for people to enjoy again and again.

"It's simple but delicious food which is enjoyed by all age groups - we cater for everyone as well, vegetarians, vegans and meat eaters," said Paul, who along with his business partner, is from the area.

"Being a part of the community is one of the most important things to us.

"We want to help where we can, whether it's sponsoring local footy teams or doing the local Markets and

festivals. It gives us a sense of pride and a reason to be there, be one of the many hubs for making memories."

The Coronavirus crisis came as a huge blow to the business, but Paul says the opportunity to focus on the takeaway market has been a pleasant eye-opener to the potential of selling their product online.

And from their shop on Gorton Road, Paul and the team have ambitions to expand around Greater Manchester and beyond.

"We want the brand to be a suburban go to all over," he said. "Everyone deserves a quality pizza place on their doorstep."

A quick Q&A with Paul:

Why did you set up your business in the area?

It's more affordable than surrounding areas both for us to set up but also for first time buyers, young families, young professionals. It's highly populated with a great sense of community. Due to the travel links to Manchester and Stockport it's perfectly located to attract people from all over as well.

What are your favourite aspects of the area?

My favourite aspect of Reddish is the Mills. They're basically history just looking back at you. They're big and beautiful and each one a local landmark. They look brilliant now that they have been cleaned up, apartments, offices and businesses all under one roof. Gives the area a buzz and a slice of uniqueness. You know you're home when you see them.

Where do you see the area in 10 years?

We would hope the high street is full

of quality independent businesses serving a variety of food, drink, and creative places for people to socialise. A place for everyone to enjoy living, not just live. I could see a few bars, definitely a few more eateries - people saying "shall we have a drive to Reddish". I'd love for Reddish baths to be turned into a full-on community centre where it's just a place for everyone to be proud of.

If you're a startup business or entrepreneur in the area, and want to be featured, email us on:
news@heatonspost.co.uk



I KNEAD PIZZA

CLASSIFIEDS

Please contact news@heatonspost.co.uk to list your business, service, job vacancy, community group, kid's club, holiday clubs, items for sale.

GROCERIES

Bernie's
Hawthorn Grove, Moor Top
Responsibly
Sourced Grocery
Store
☎ 07525 421 319
hello@provisionsgrocery.com

The Good Life
Didsbury Rd, Heaton Mersey
Ethically Sourced
Zero Waste
Groceries
www.thegoodlifeheatons.com

Bakerlou

Freshly Made
Artisan Bread
☎ 07788 830 154
www.bakerlou.co.uk

**Seed Urban Farm**
Eco Urban Farm & Store
Specialising in Microgreens + Culinary Mushrooms
Freshly delivered to Stockport
☎ 07830 222 871
hello@seedurbanfarm.co.uk
www.seedurbanfarm.co.uk

DINING IN OR OUT

The Beehive Cafe
Manchester Road, Heaton Chapel
Breakfast, Lunch, Drinks
☎ 07383 305 333
Traceybancroft23@gmail.com
www.heatonchapelbeehive.co.uk

Kauri Fine Foods

Freshly Made
Meals
☎ 07951 468 833
info@kaurifinefoods.co.uk
www.kaurifinefoods.co.uk

A Tavola
Broadstone Rd, Reddish
(Closed 17 Aug -9 Sept)
Sicilian Restaurant
offering Takeaway
☎ 07478 743 293
info@atavolastreetfood.co.uk
www.atavolasicilianfood.co.uk

Grounded In The North
Broadstone Rd, Reddish

Coffee & Cake
☎ 07814 686 939
Hello@groundedinthenorth.com
www.groundedinthenorth.com

Roost
Heaton Moor Rd, Heaton Moor

Rotisserie Chicken &
Wood Fired Pizza
☎ 0161 432 4666
manager@roosthm.com
www.roosthm.com

The Barbecue
School Lane, Heaton Chapel

Sandwich Shop offering
Takeaway & delivery
☎ 0161 432 4057
priestley.amanda@yahoo.com
www.thebarbecue.co.uk

Cheshire Bakehouse

Savoury Pastry Rolls
☎ 07710 052 051
info@thecheshirebakehouse.co.uk
www.thecheshirebakehouse.co.uk

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hello@thespiceyard.com
www.thespiceyard.com

BEVERAGES

Heaton Hops
School Lane, Heaton Capel

Tap House &
Bottle Shop
heatonhops@gmail.com
www.heatonhops.co.uk

Cork of the North
Heaton Moor Rd, Heaton Moor

Wine Shop
☎ 07717 860 107
marc@corkofthenorth.co.uk
www.corkofthenorth.co.uk

Thirst Class Ale
Station Road Industrial Estate,
Reddish

Artisan Beer
☎ 0161 442 0299
richard@thirstclassale.co.uk
www.thirstclassale.co.uk

GIFTS & HOMEWARE

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Quality Cards, Stationery
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heatherlovescards@gmail.com
www.heatherlovescards.co.uk

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photography
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bensedman@hotmail.com
www.bensedmanphotography.com

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Flowers & Gifts
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flower@bluedoorflowers.com
www.bluedoorflowers.com

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cbdhero@outlook.com
www.cbdherogold.com

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cdphughes@gmail.com
www.vipbincleaning.com

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stockport@nettl.com
www.nettlstockport.com

Heatons Phsyio
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Physiotherapists
Face-to-face treatments & video
consultations
☎ 0161 432 3232
Info@gatleyheatonsphysio.co.uk
www.gatleyheatonsphysio.co.uk

Integrate Hearing Ltd

Audiologist
☎ 0161 706 0067
info@integratehearing.co.uk
www.integratehearing.co.uk

Davies Chiropractic Care
Heaton Moor Rd, Heaton Moor

Chiropractic Clinic
☎ 0161 768 1287
info@davieschiropracticcare.co.uk
www.davieschiropracticcare.co.uk

Phil Yates Stockport Ltd

Plumbing & Oil Heating
Engineer
☎ 07540 568 561
Julia.yates.stockport1@outlook.com

Maintaining Memories

Grave Tending Service
☎ 07484 755 008
www.maintainingmemories.co.uk

**Carrie Burke Tutor Work**

Private Tutoring for Primary Children
☎ 07758 783 321
info@carrieburke.com
www.carrieburke.com

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Services ~ Community
Engagement Facilitators
☎ 07818 422 722
melandsuze@fountainmay.com
www.fountainmay.com

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Bookkeeping, Payroll, Accounts & Tax Returns
☎ 0161 989 6800
andyslade@taxassist.co.uk
www.taxassist.co.uk/stockport

Apple Of My Eye

Beauty & Aesthetics
☎ 07540 972 027
catwebb73@hotmail.co.uk
facebook.com/catsappleofmyeye

COMMUNITY GROUPS

**Sustainable Living in the Heaton**

Monthly Meeting:
1st Saturday of the month
info@slheatons.org
www.slheatons.org

**LOVE HEATON CHAPEL**
Bi-Monthly Meeting:
2nd Tuesday of the month, 7pm
(currently over zoom)
loveheatonchapel@gmail.com
www.facebook.com/groups/loveheatonchapel

**LOVE Heaton Norris**
Monthly Meeting:
1st Tuesday of the month, 7pm
The Magnet Pub (upstairs)
info@loveheatonnorris.co.uk
www.loveheatonnorris.co.uk

**Four Heaton Traders Association**

Supporting Local Businesses
admin@fourheatons.co.uk
www.fourheatons.co.uk

**FRIENDS OF HEATON CHAPEL STATION**

Monthly Meeting:
1st Monday of the month, 7pm
(currently over Zoom)
FofHCS@gmail.com
www.friendsofheatonchapelstation.co.uk

**Rotary Club of Stockport Lamplighter**

Weekly Meeting each Wednesday
lamplightersrotary@gmail.com
www.lamplighters.org.uk

**Friends of Heaton Moor Park**

hello@heatonmoorpark.co.uk
www.heatonmoorpark.co.uk

**HEATONS' MEN IN SHEDS**

Meetings via Zoom
Monday 1pm & Thursday 7pm
heatonsmis@outlook.com
www.heatons-mis.co.uk

**COFFEE Chill & Spill**

Supporting Maternal Wellbeing
Free Sessions:
Each Thursday, 9.30-11.30
Heaton Norris Pavilion
coffeechillandspill@gmail.com
www.coffeechillspill.com

**Heaton Mersey Collective**

Monthly Workdays:
2nd Sunday & 4th Tuesday
of the month, 10.30am-1pm
heatonmerseycollective@gmail.com

**FORSS Friends of Reddish South Station**

forss1@ntlworld.com
www.friendsofreddishsouthstation.co.uk

**THE HEATONS WI**

info@theheatonswi.com
www.theheatonswi.com

**Heaton Mess Membership**

heatonmessmembership@gmail.com

WELLBEING

WORLD SUICIDE PREVENTION DAY

by Sharon Edwards



The Samaritans believe every life lost to suicide is a tragedy. We know that suicide is preventable and that small actions can make a big difference and save lives.

But not being okay is still widely stigmatised. Every year on World Suicide Prevention Day, 10 September, we campaign along with other organisations and communities around the world, to raise awareness of how we can create a world where fewer people die by suicide. This year, the focus was on staying connected.

To stay connected with our community on this year's World Suicide Prevention Day, the Stockport and District Branch helped to raise awareness of our service. Our campaign included Stockport Town Hall being lit up in

green on the day itself. Then across September and October, there'll be a whole host of events and publicity, including local radio coverage, talks to organisations, Samaritans billboards across Stockport and at the railway station. There will also be 40 buses travelling across the Stockport and Wythenshawe areas displaying our Samaritans awareness raising banners.

You can get in touch with the Samaritans about anything that's troubling you, no matter how large or small the issue feels. We're here 24 hours a day, 365 days a year. Anyone can contact Samaritans for free any time from any phone, even a mobile without credit. Call us on 116 123 or email jo@samaritans.org

WIN PIZZA FOR FOUR AT ROOST

Name: _____

Phone Number: _____

Across

3. Hello in Hawaii

4. Shake it baby

5. Our Roost signature spicy sauce

7. You might eat this in your PJ's on a Friday night

8. The affectionate name we call our wood fired pizza oven

10. Most classic pizza

11. The main ingredient in a pizza

12. The colour of our delivery car

Down

1. Teenage Mutant Ninja Turtles favourite food

2. Our next door neighbours

6. Where roost lives

9. You'll find this food on the Sunday 'Roost Roast' and on our logo

Heatons Post brings you Horoscopes by Nemone - just for fun!

Jan 20 - Feb 18
Aquarius

Shocking news will arrive this month. Remember to focus on the solutions not the problem.

Jul 23 - Aug 22
Leo

This month, there will be some strain and tensions with friendships. Try to put aside your pride to rectify arguments.

Feb 19 - Mar 20
Pisces

Great luck is just around the corner, keep your eyes peeled.

Aug 23 - Sep 22
Virgo

People will rely on your strength a lot this month, make yourself available.

Mar 21 - Apr 19
Aries

Make time for the people in your life, friendship is a guaranteed mood booster.

Sep 23 - Oct 22
Libra

You will build stronger relationships this month with existing friends. Make sure to put the time and effort in, as it will surely pay off.

Apr 20 - May 20
Taurus

Sometimes the idea of something is scarier than the actual situation. Don't let fear hold you back.

Oct 23 - Nov 21
Scorpio

When obstacles present themselves, don't be disheartened, it will all work out.

May 21 - Jun 20
Gemini

A huge change is coming this month, be careful not to underestimate its challenges.

Nov 22 - Dec 21
Sagittarius

Finding the balance between work and play is no easy task, but it is a necessity for true fulfilment.

Jun 21 - Jul 22
Cancer

Be honest with the people around you, don't be afraid of vulnerability.

Dec 22 - Jan 19
Capricorn

A huge opportunity will present itself this month. Don't let it pass you by!

Simply solve the crossword puzzle to win!

Then either cut out your puzzle and drop at Roost (with your name and number) or send a picture of the completed puzzle to Roost via Facebook or Instagram direct message with your name and number.

A winner will be picked out of a hat and announced on Roost's social media on Sunday, 25 October.

"Bonfire Knight"
Source: www.k-boomhouse.com

SPORTS AND FITNESS

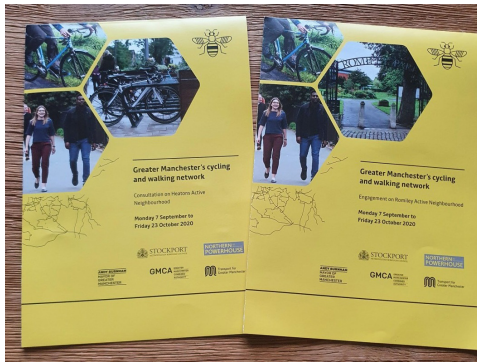
SHARE YOUR VIEWS!

There is still time to respond to Stockport Council's proposals on introducing an Active Neighbourhood into The Heatons.

Residents are being asked whether they would support the plans which would enable people to make short trips on foot, by cycle or by public transport, instead of jumping in their car.

The scheme also aims to make roads safer, and Councillor David Meller, Cabinet Member for Economy and Regeneration at Stockport Council, said enhancements can make it easier for people to change their travel habits.

"It is vital that we focus on the key issues that our residents are telling us about," David added. "It's also important that the idea of an Active Neighbourhood has wide approval from residents."



The engagement period runs until Friday, 23 October and has been created with help from community groups in the area.

You can leave comments online via the Commonplace platform at: www.heatons.commonplace.is or contact a member of the council's team by emailing: activeheatons@stockport.gov.uk

RUNNING FOR REFUGEES

Freelance PR consultant Carolyn Hughes ran 72 miles in September for the British Red Cross's Miles for Refugees campaign. So far, she has raised more than £450 to help support refugees.

The campaign asks people to pick a route that refugees walk and then run, walk or cycle the equivalent miles for sponsorship money. Carolyn's target was to raise £500 by the end of September.

Carolyn, who lives in Heaton Chapel, said: "I was really moved by the newspaper stories of refugees risking their lives to reach safety, and not always succeeding. I really struggled to even imagine what they've been through or what it would be like to flee a country, so when I saw the British Red Cross campaign, I signed up straight away."

"I've never done a charity run before so I started training in August. I've just hit the halfway mile point, so hopefully it'll get easier now!"



Carolyn runs Breathe PR which works with SMEs, arts, charities and horticulture businesses. She said: "As a local business person, I think it's really important to support charities, both international and regional. I also support Re:Dish food bank which does amazing work."

You can see her progress and sponsorship page here: <https://miles-for-refugees-2020.everydayhero.com/uk/carolyn-1>

RUGBY AT LAST!

by Jack Humpage

In our first taste of rugby for the year, Heaton Moor travelled to Altrincham with a youthful squad, apart from the additions of veterans Dave Kelly, Martin Shelley and Terry Chatterton, to partake in a ten-a-side touch tournament! The tournament was made up of clubs who all play at least one level above Moor so we took to the field as likely-underdogs.

Our first game was played against Altrincham Kersal 1XV and as both teams spent most of the game finding their feet and getting to grips with the new rules, it was never likely to be a thriller. This was in fact the case, and Moor fell short and the game finished 1-0.

We then played Didsbury Toc-H 2XV with a comfortable 5-1 win.

Having now found their feet, Moor faced the always tough challenge of Preston Grasshoppers - the game sadly ended 2-2 and Moor finished 3rd in their group.



This meant Moor faced local rivals Didsbury Toc-H 1XV in their final game. The game was a very even match with the score being 1-1 at full time. Fatigue began to set in following three consecutive games, and our small but mighty squad fell just short with Toc-H scoring a "Golden Point" try to seal the victory.

All in all, a great day out for Moor and all the lads thoroughly enjoyed it. Even if some results didn't go their way.

WALK FOR POLIO

by Carol Cross

A lot of readers will remember polio, a deadly infectious disease that most commonly affects children under the age of five. The virus spreads from person to person generally through contaminated water.

Rotary, a founding member of Polio Eradication, has helped reduce cases by 99.9% since the first project to vaccinate children began in the Philippines in 1979. In conjunction with the W.H.O. Rotary has helped in the immunization of over 2.5 billion children in 120 countries.

Today polio remains endemic in Afghanistan and Pakistan, so it is crucial to continue working towards worldwide eradication, in order to keep all other countries polio free.

If immunization stopped today, within ten years polio could paralyze as many as 200,000 children each year. What a thought!

Rotary Stockport Lamplighter had planned a series of 5K and 10K guided walks around the local area led by a Rotarian, on World Polio Day 24 October.

Sadly this has had to be cancelled due to present Covid rules.

However we would love you as a family to do the walk yourselves to continue the fight against this dreadful disease. For a £5.00 donation you can print details off the Lamplighter



website for which you will receive a personally delivered bag of 20 purple crocus corms, purple being the colour of the dye put on children's fingers as a sign that they have been immunized.

For every pound raised by our Club and others on this day, the Microsoft philanthropist Bill Gates will give us two! And each Spring when your crocuses bloom you will be reminded of how much your walk has helped make a difference as, with your support, Lamplighters can continue to help eradicate this dreadful disease.

Thank you, and enjoy your day out. www.lamplighters.org.uk



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